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The Montclarion, September 16, 2004

The Montclarion

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The Montclarion

The Student Voice of Montclair State University Since 1918

Vol. 84 Issue 3

September 16, 2004

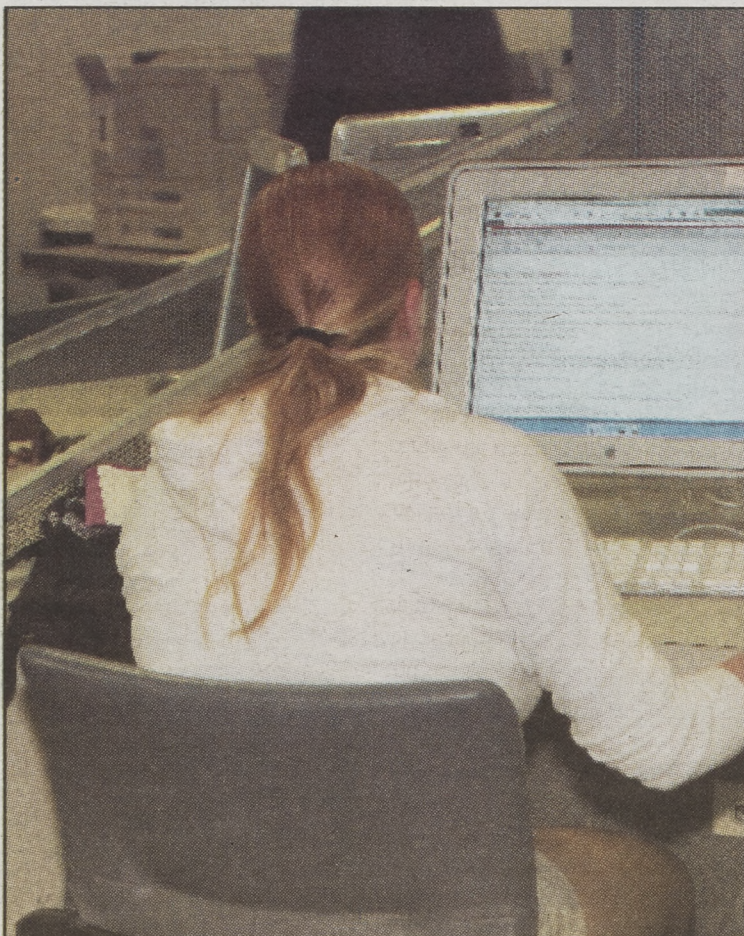
THURSDAY: 81°

FRIDAY: 78°

SATURDAY: 75

SUNDAY: 74

MONDAY: 70°



Dominique Wilson | The Montclarion

This semester, the Department of Information Technology required that all students register their computers with its network. This has created numerous network connection problems that have affected residents, staff, and faculty across campus.

State Sponsors Campus Clean-Up Recycling Program at MSU

Alana I. Capria
Staff Writer

After years of unsuccessful efforts on the part of staff and students at MSU, a recycling program has finally been instituted on the campus.

Wayne DeFeo, who has been helping to head the project, stated that the recycling program "has actually been in the planning process for well over two years. There have been a number of logistical hurdles that need to be overcome and funding needed to become available."

According to DeFeo, there are three reasons for the program's creation. "The first is based on the University's pledge to assist in the reduction of greenhouse gases, its commitment to the LEED (Lighting, Energy Efficiency and Design) program and recognition

that recycling helps to control the cost of solid waste disposal."

DeFeo went on to say that President Susan Cole signed an agreement with the New Jersey Department of Environmental Protection "to aid in reducing the production of greenhouse gases."

The second reason is due to the fact that MSU is a participant in the LEED program, which "calls for increasing the environmental efficiency of each aspect of campus operations."

Finally, economic reasons also help to provide reason behind the recycling program. "When we throw away recyclable materials, money is simply being burned." In this case, money is burned because by law, all of MSU's garbage must go to the resource recovery plant in

SEE "RECYCLE" ON PG 3

IT Revamps Network, Results in Difficulties

Campus Internet Remains Inconsistent

Jessica Havery
Assistant News Editor

Since the beginning of the fall semester the Department of Information Technology has overhauled its campus network, leaving several students with Internet complications and faulty connections.

According to Jeff Giacobbe, acting Director of Networking and Telecom Systems, IT is meant to "provide the latest technology and support for pedagogical learning." Some students, however, feel that IT has not provided the support that they should.

The Department of Information Technology attempted to inform students of upgrades, changes, and technical problems through a memo that had been hand-delivered to Residence Halls. The department intended for every incoming student to receive the memo on move-in day. However, students either did not receive the memo, or did not read the information they were given, Giacobbe said.

During the first few weeks of the semester, the Department of Information Technology will be repeating the computer clinic in order to reduce the number of virus contamination. At the clinic,

"Students with computer specific problems...should expect to have a response within a few hours..."

Jeff Giacobbe
Director of Networking

ic, a student's computer will be automatically scanned for viruses and inadequate security. In addition to preventing data loss, data corruption, and loss of network connections, this proactive solution works to protect the school's network, he said.

Of the 2,191 student computers to go through the department's security check, only 220 failed. "[We] were very surprised that the vast majority of student computers were okay," Giacobbe said.

A major concern of students is the security of the school's network connection. "I shouldn't be scared to leave my computer hooked up to the network for an extended period of time," Sarah Bruce, a senior music education major said.

A growing number of security breaches have allowed numerous network "emergencies" to affect the campus; and "[the department] should be working to prevent virus breakouts, or inform students of the best way to protect themselves from being infected," said Bruce.

According to Giacobbe, that is exactly what the department has done.

In addition to customer service and network complaints, some students have noticed the impact that the growing student population has had on computer labs. Like many students, Bruce doesn't understand how "there are fewer computer labs available on campus, yet the increase of students seems to demand more."

According to Giacobbe, it is more common now for students to come to college with their own computers, reducing the demand for computer labs across campus.

There has been a recent decrease in actual labs and an increase in student accessible computers, he said. "It made more sense to condense the labs across campus because they were not being used to their maximum potential. "By consolidating the number of computer labs, the department was able to save funds that could be better spent on additional computers, and supplies," he said.

Maintaining a consistent connection is also a concern among students. Mun Ling Yeow, a senior chemistry major, experiences a great deal of interference when attempting to use the Internet. "A lot of time my connection goes in and out. It's really inconvenient," she said.

Members of the campus community, having specific computer problems, are encouraged to contact the department's help desk for

assistance. The desk is staffed by a number of full-time staff members, and part-time student staff members, all under the supervision of Stacia Zelick.

"Student staff members are very flexible and eager to work, but it is difficult to maintain consistent communication between staff members when they work separate part-time shifts," Giacobbe said.

Yeow has noticed inconsistent communication between employees working the help desk when she

"There are fewer computer labs... on campus, yet the increase of students seems to demand more."

Sarah Bruce
Senior, Music Education Major

calls for assistance. "IT needs more than just the student worker. The department needs more professional staff that have had experience with computers and know how to help students," she stated. "It usually takes them a while to fix my problem."

Understanding that students expect a timely response to their technology requests, Giacobbe stated that the department "wants to handle their problems as quickly as possible." In campus-wide emergencies, rather than working with individual callers, students who contact the desk will be given an activity number. If a student is still experiencing difficulty, after the campus technology problems have been resolved, they will have that number to refer to when they call back.

"Students with computer specific problems, who will also receive an activity number for reference, should expect to have a response within a few hours of reporting that problem," Giacobbe said. At the very least, students should expect a call from the department to schedule an appointment for them to bring their computer into the office for possible scanning and repairs, he said.

The Police Report:

Theft Tops the Chart in Weekly Police Report

9/10/04 - A small amount of CDS, namely marijuana, was located in a Bohn Hall residence room. The case is under investigation.

9/10/04 - A female student reported the theft of her bag from the University Bookstore. The case is under investigation.

9/10/04 - A Bohn Hall resident reported the theft of his laptop computer from his unlocked residence. The case is under investigation.

9/11/04 - A Blanton Hall RA reported that a dryer unit was thrown from the 5th floor to the outside of the building. The case is under investigation and charges are pending.

9/11/04 - A known individual has repeatedly violated the guest policy at Bohn Hall. The individual has been documented and, if there are future violations, will be charged with criminal trespass.

9/11/04 - A Village resident reported the theft of his 1995 Integra from Lot 45. The case is under investigation.

9/11/04 - Three female Blanton Hall roommates engaged in domestic violence against each other, and refused to file charges. The case was referred to Residence Life.

9/12/04 - Matthew Aamland, 22, was charged with possession, and use of, marijuana while at Fenwick Hall. A court date has been scheduled in Little Falls for late September.

9/14/04 - Abdelfatt Rasheed, a non-student, was arrested in Lot 18 for possession of 18 grams of marijuana packaged for sale. A court date is scheduled for September 1.

9/12/04 - A Russ Hall resident reported the theft of her MV's license plate from Lot 5.

9/12/04 - Nicholas Manfredini Jr., 19, was charged with underage consumption for being under the influence of alcohol while at Lot 29. A court date will be scheduled for Little Falls.

9/12/04 - Nicholas Lawson, 21, was charged with simple assault for an altercation causing minor injury while at Clove Road Apartments Laundry Facility. A court date in Little Falls has been scheduled for late September.

9/12/04 - Two female Fenwick residents reported the theft of their undergarments from the laundry facility. The case is under investigation.

Anyone who has information regarding these incidents is urged to call the police station from any campus phone at T-I-P-S (8477). All calls are strictly confidential.

MSU Campus Calendar

THURSDAY 16

Career Development :
Interview Skills, 10:30 a.m.-12 p.m., Morehead 334

"15,000 Voices Strong: MSU Votes"
12 p.m.-2 p.m., SC Lobby

OSAU: Welcome WildOut
7 p.m., SC Ballrooms

FRIDAY 17

"15,000 Voices Strong: MSU Votes"
12 p.m.-2 p.m., SC Lobby

RecBoard Meeting 2:30 - 4 p.m.,
SC Cafe B

Red Hawk Night, 9 p.m.,
Student Center Building

SATURDAY 18

Pre-Game Parking Lot Jam
11:30 a.m. - 1 p.m., Lot 7

Football vs Frostburg State,
1-3 p.m., Sprague Field

SUNDAY 19

Kick back and relax!

MONDAY 20

V.O.X: Voices for Planned
Parenthood, 4-5 p.m., SC 420

Monday Night Football,
6 p.m., SC Ratt

TUESDAY 21

CARS: Commuter Breakfast
9-11 a.m., SC Commuter
Lounge

Broadway Play:
"Bombay Dreams"
6 p.m., RH Diner

WEDNESDAY 22

Career Development: Resume
Preparation, 2:30-4 p.m.,
SC Annex 207

Women's Tennis vs The College
of NJ, 3-5 p.m., Tennis Courts

Greek Council Informational
7-9 p.m., SC Ratt

SGA Notes

- Angelo Lilla, Jamie Dresher, and Anthony Guttilla were nominated for President Pro Tempore of the Legislature.

- 23 new legislatures were sworn in.

- 2 more Presidential Cabinet members were confirmed.

- Fall 2004 committees were formed.

AD Rates

On-campus

Full page — \$168.00
Half Page — \$105.00
Quarter Page — \$53.00
Eighth Page — \$32.00

Off-campus

Full page — \$310.00
Half Page — \$200.00
Quarter Page — \$125.00
Eighth Page — \$80.00

Classifieds

Up to 30 words — \$10.00

Call 973-655-5237

For More Information

Advertising Policy

The Montclarion will not print ads or the political viewpoints and opinions of a specific group, or ads with excessive nudity or with excessive depictions of violence, according to local standards.

Deadlines

The deadline to submit advertisements to *The Montclarion* is the Monday of the week of publication.

Billing

The Montclarion is distributed on Thursdays and invoices and tearsheets are mailed the following Monday. Tearsheets for pre-paid ads must be requested. Thirty (30) days are given for payment after the insertion date, after which a 15 percent finance charge is levied. After sixty (60) days, accounts are referred to an outside collection.

Corrections

The Montclarion willingly corrects its factual errors. If you think that we've made a mistake in a story please call Editor-in-Chief Mike McPhee at (973) 655-5230.

Local News COMPILED BY JESSICA HAVERY

NEWARK, N.J. - Juvenal Galarza, 65, of Belleville, has confessed in U.S. District Court to federal charges that he worked in conjunction with state motor vehicle employees to provide illegal immigrants with driver's licenses. Galarza admitted to making payments ranging from \$100 to \$300 to the employees of the former Division of Motor Vehicle Services, now called the Motor Vehicle Commission. He now faces up to 15 years in prison and a \$250,000 fine. Galarza, the 10th defendant to

plead guilty in the scheme, will be sentenced on December 22.

HACKENSACK, N.J. - Sonia Wood, 49, of Saddle Brook, has been charged with conspiring to commit murder. Bergen County Chief of Detectives, Michael Mordaga, reported that Wood allegedly asked a close friend to have her husband killed and, if possible, make it look like an accident. Wood expected to collect \$50,000 from her husband's life insurance and promised the killer half. Instead of following

through on the alleged plan, the man Wood tried to hire went to the police.

TRENTON, N.J. - The first Bush-Cheney campaign event in New Jersey, that is not a fundraiser, was held today. First lady Laura Bush made a visit to the Colonial Firehouse in Hamilton with the former New Jersey Governor, Christie Whitman. The visit comes in response to a recent change in the polls, indicating that Bush has narrowed the lead that Democratic

rival John Kerry once held in New Jersey. Last week, a Star-Ledger poll held Kerry at 43 percent, in comparison to Bush's 39 percent.

BEDMINSTER, N.J. - Michael Foisie, 42, of Higganum, Conn., was charged for flying an aircraft under the influence of liquor, or drugs. The plane veered off the runway at Somerset Airport and crashed into a hangar. It was later discovered that he was under the influence of Klonopin, used for panic disorder.

National News COMPILED BY JESSICA HAVERY

MOBILE, A.L. - Hurricane Ivan claimed two victims as the outer edge of the category four storm ravaged four southeastern states on Wednesday. The storm was reported to be moving 65 miles south of the Alabama coast, moving north about 12 mph.

Forecasters predict that it will continue that path for the next 24 hours. The swells in the center of the storm have measured 50 feet, and winds reaching 190 mph. Ivan will be the biggest hurricane to hit the

Mobile area since Frederic devastated the region in September 1979.

HOUSTON, TX - Martha Stewart, homemaking expert, has made the decision to start her five-month prison sentence as soon as possible. Although Stewart will continue to appeal her conviction, and her lawyers claim she has a solid case, legal experts have said her chance of winning an appeal were actually slim.

Company officials said that

they support Stewart's decision and stated that they expect her to return to the company once she has completed her sentence.



Courtesy of cnn.com

BOSTON, MASS. - Brown University has recently received \$100 million donation, its biggest gift ever. Sidney Frank, a man who dropped out of Brown University decades ago because he was unable to pay for tuition, made the generous donation to help students who cannot afford to attend the 240-year-old private university. Brown charges about \$31,000 a year for tuition and about \$8,000 for room and board. While needy students are able to receive financial aid, they are still having to borrow between \$9,000 and \$15,000 over four years.

International News COMPILED BY JESSICA HAVERY

MOSCOW, RUSSIA - Three Americans were found guilty of torturing Afghans in a private jail. Jonathan "Jack" Idema, ring leader of the operation, received a 10-year jail term yesterday in Afghan court. Brent Bennet, an associate of Idema, also received a 10-year sentence and Edward Caraballo, a journalist, received an 8-year term. The court sentenced four Afghan accomplices to lesser terms.

The men had denied the charges, claiming that they had been operating with the

approval of the United States and Afghan governments. Their lawyers said that the case had not been handled properly and planned to appeal.

BAGHDAD, IRAQ - Ayatullah Gezmen, 43, was freed yesterday morning after being held hostage in Iraq for 50 days. Gezmen, a translator for the Turkish company Bilimtur, was kidnapped in Falluja by a group of Iraqis, calling themselves "Mujahedeen."

Meanwhile, the bodies of

three headless men were discovered yesterday morning on a highway near Balad, north of Baghdad. They were dressed in western style clothing, including jeans, t-shirts, and sweats.

LONDON, ENGLAND - Lawmakers were preparing to vote on a proposed ban on fox hunting, a group of protesters burst onto the floor of Britain's House of Commons.

The debate was temporarily suspended until doorkeepers of the chamber were able to regain

control of the situation. The debate continued 30 minutes later, when lawmakers approved the bill banning fox hunting.

RIO DE JANEIRO, BRAZIL - Two Brazilian car theft suspects chose to hide from police officials in a Rio de Janeiro zoo. A zoo keeper told Reuters that the two fugitives hid in an enclosure where deer and tapir are housed. Police feared that the two men were going to harm the animals, but that was not the case.

"RECYCLE"

CONTINUED FROM PG 1

Essex County.

"Every time we throw away material as garbage, we are throwing away about \$75 per ton. With recycling, we will save on each ton of material that we recycle," DeFeo said.

"Additionally, with recycling [and the newly designed garbage collection system], we will not need to collect garbage as often from the campus. This means less trucking and thus, less air pollution," DeFeo said.

Recycling efforts have not been entirely unknown to the campus community before the 2004 fall semester.

"Through the efforts of the Physical Plant staff, there was limited recycling of certain materials. Wooden pallets, white goods, refrigerators and CFC recovery, computers and some copy machine toner and ink car-

tridge recycling took place," DeFeo said.

"These materials will continue to be recycled. However, the new program will also add all non-food contaminated paper, glass bottles, aluminum and steel cans, plastic #1 and #2 bottles and scrap metals."

DeFeo said that in the 1970's, the staff and students at Montclair State attempted to convince the administration of the need for recycling programs.

Due to the fact that the Mandatory Recycling Act was passed by the government in 1987, and because "three governors signed executive orders mandating that college and university campuses recycle, there has been more interest focused on the overall efforts made by the campus community."

Paper (with the exception of any items

that are contaminated with food, NCR, and blue print paper) will be collected. Glass, plastic with codes #1 and #2, aluminum cans and steel cans will also have designated bins.

To avoid any confusion as to what materials are to be placed in what receptacle, "each type of recycling can has a specific lid

designed for the material that it accepts. [...] There will be posters placed throughout the campus which illustrate the correct method to recycle," DeFeo said.



Dominique Wilson | The Montclarion



Dominique Wilson | The Montclarion



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Sprague Library To Charge For Printing

Jessica Havery
Assistant News Editor

Printing at the library will now cost students \$0.07 per page starting Monday due to an increase in prices in printing products, Dr. Judith Linhunt, Dean of Library Services said.

"The cost of paper, toner, and printing supplies have increased," Linhunt said. Thus making it necessary to offset some, but not all, of the library's printing costs, she said.

Although the library has begun to charge students, they are not charging the full amount required to cover all supply costs, Linhunt said. "A lot of academic libraries have now begun to charge" for printing services, she said.

However some students do not agree with the new policy. "I understand that [the students] are using paper, and other natural resources, but these things should be included in our tuition," says Senior, Human Ecology Major, Kumiko Toyokawa.

There are other changes and advancements that have occurred recently at the University library. Electronic advancements have made using the library a lot more convenient, and a little easier to understand, said Linhunt.

Electronic Reserves, also known as 'E-Reserves', is an online database that allows faculty to reserve required reading and supplementary material for the use of their students. By simply entering a course number, and a professor's password, a student may access full text articles, literary criticisms, and course guidelines free of charge, Linhunt said.

"Electronic Reserves have grown quite popular with both faculty and students," Linhunt stated. "[Students] have the option of printing reserved copies, or reading straight from the computer. They don't even have to come to the library to use them, they can read from home at 3 a.m. if they want," she said.

Sarah Bruce, Senior, Music Education major, is also a frequent user of Electronic Reserves. "I love not having to go all the way to the library and be stuck there to read it," she said. However Bruce acknowledges the negatives of the alternatives as well. "Reading from a computer can be a pain, and printing it out means having to use my own supplies, or waiting in line at the computer labs," she said.

Other online library services include the ability to place a hold on specific titles and

view a list of texts that a student has already checked out. "We do encourage students to come into the library, but [the department] is working to make as many resources as possible available online," Linhunt said.

Students who decide to visit the library in person will notice even more changes and additional resources that have been made available to the campus community.

Laptop rental has been made available through the Multimedia Center in order to cut down on wait times for the computer lab, Linhunt said. The laptops may be checked out for a maximum of three hours, the lifetime of a rechargeable battery, to be used within the library. Wireless internet is also available for use on these laptops throughout the building, she said.

In addition to providing students with additional computers, Library Services has also provided the campus community with an alternative to check-out lines. Instead of waiting to have texts checked out by a staff member, students may opt to use the Self-Check Out. The easy-to-use machine has been advertised in the library on signs as a "fast, easy, private check-out."

"It sounds like a great idea," Bruce said. "The only thing that may concern me are security issues. Is it possible to checkout some books and not others and get away with it?"

According to Fingerhut, the machine has been available for two months. "People aren't using it yet. It looks a little intimidating, but it is easy to use. Like anything else, students just need to learn how to use it," she said.

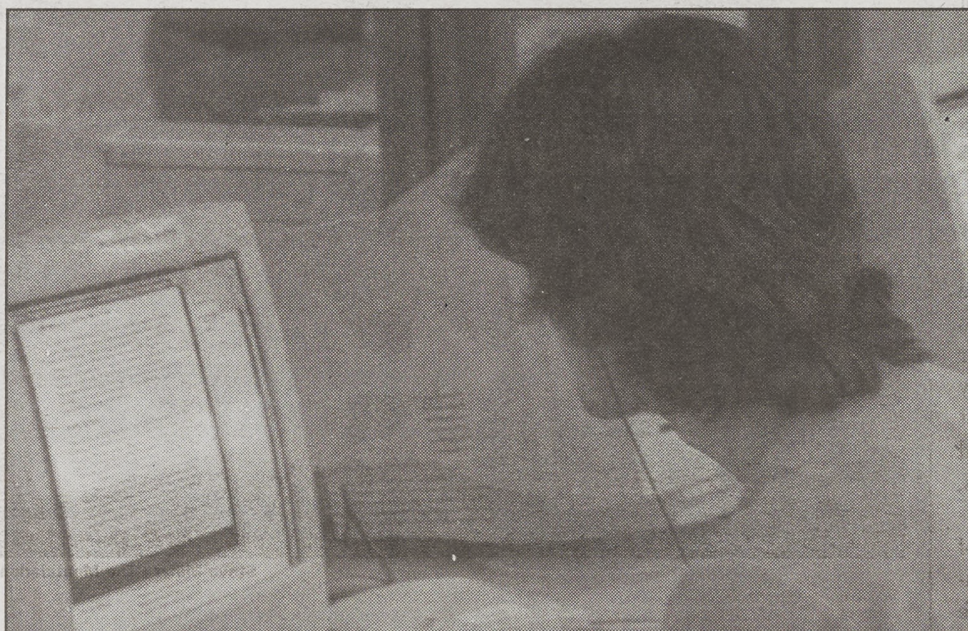
Teaching students how to use library resources and services is something that the department has been working on, Linhunt said.

As part of the Freshman Experience course, required for all incoming freshman, the library offers their own orientation. "The instructional workshop offers an introduction to all library services, including how-to-use tips in reference, online, and database systems," Linhunt said.

In addition to the freshmen library orientations, the department also offers one-on-one consultations for graduate students. These consultations are available to assist students who may need help researching their graduate thesis, or simple steps in using the library to its maximum capacity, Linhunt

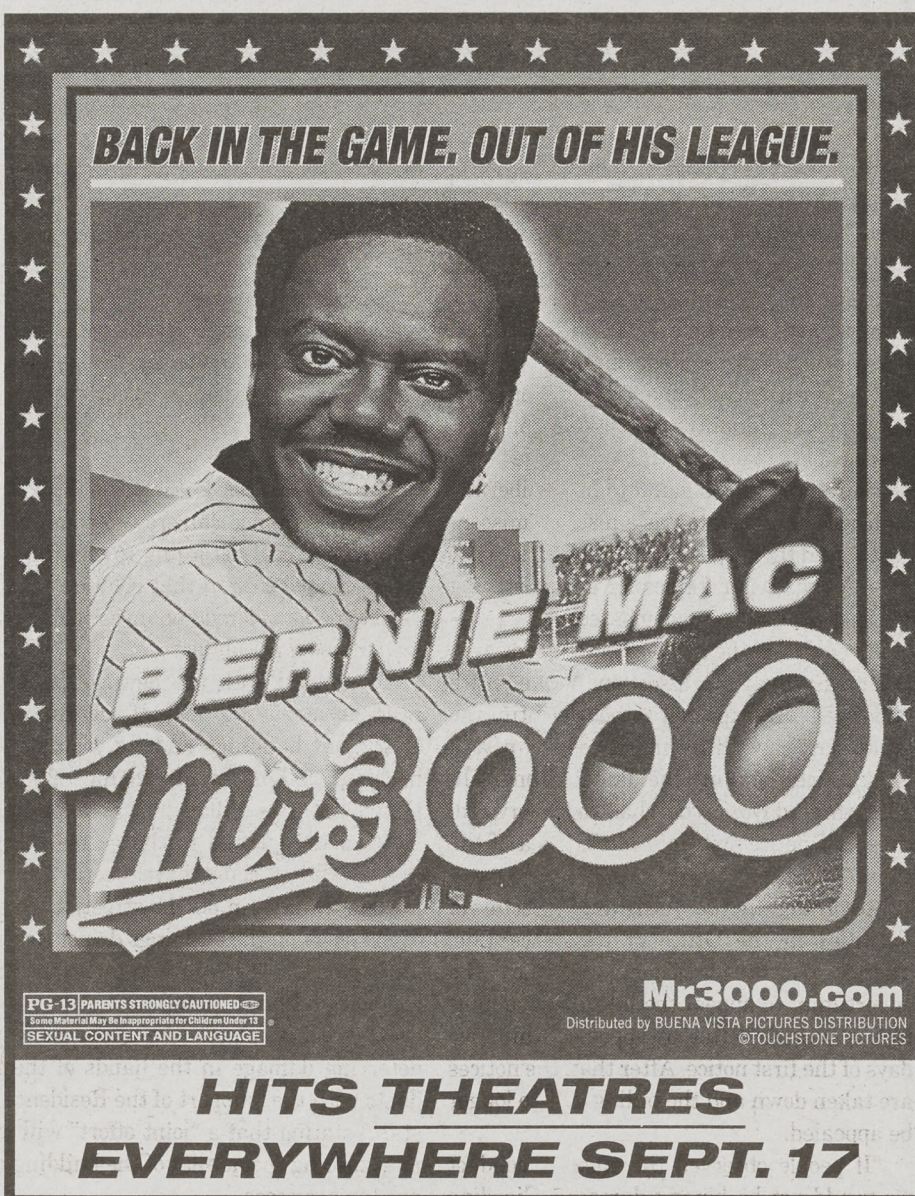
The library staff is there for the students, said Linhunt. "Do not hesitate to ask for help. If you are looking for information, the staff is more than willing to point [students] in the right direction," she said.

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Dominique Wilson | The Montclarion

Effective Monday, September 13, The Department of Library Services began charging \$0.07 per page in printing fees. This decision was made in order to offset some of the library's printing costs, which are not covered by The Department of Information Technology.





Steve Miller | The Montclarion

A new Common Area Damage Policy has been added to the Resident Handbook for the 2004-2005 academic year. The policy urges residents to identify, and report, suspicious activity and vandals; however inadequate security in The Village at Little Falls makes it difficult to monitor who has access to the complex.

Residents Forced To Pay For Damage

Anna Einspahr
Staff Writer

This year students residing in The Village at Little Falls apartments may be required to pay for damages and vandalism at their respective building, according to a new policy set forth by Residence Life.

In its first year of operation, the apartment complex assessed \$40,000 in damages, consequently forcing Residence Life to add the Common Area Damage Policy found in the Resident Handbook for 2004-2005.

The policy states that if any damage to the resident buildings is found to be "deliberate, malicious or accidental (as a result of misconduct)...and the responsible person(s) does not come forward...guidelines for administering the charges will be implemented."

Residents in the area – whether that area encompasses a floor, a section, or the entire building – are expected to help identify the guilty parties within three days of a posted 'first notice' detailing the damage done. If, after three days, no one has come forward, a 'second notice' will inform the area of the charges that will be applied.

According to the Assistant Director of Facilities in the Office of Residence Life, Theresa Giardino, residents will have the opportunity to appeal the billing by submitting a written letter of appeal within five days of the first notice. After that, the notices are taken down and the billing can no longer be appealed.

"If people observed the rules of conduct we would not be having damage," Giardino said. "People should observe [rules] in

both the Code of Conduct and the Resident Handbook."

The new policy also "serves a purpose to help campus police investigate," according to University Police Detective Sergeant Kieran Barret. "It [will] hopefully deter crime and lessen the extent of damage [to the buildings]."

When an incident occurs, an "official report is taken, and it is investigated to the fullest extent," Barret said. "Hopefully [the new policy] will help people come forward more so that [the police] can go forward with the investigation."

Residence Life is looking into the option of using surveillance cameras to combat damages. There are, according to Giardino, still many components to that solution that still need to be considered and investigated before it would be a possibility.

Frustrated with the new policy, Village residents argue the lack of security on the apartment buildings and the rising cost of housing. "If I'm already paying \$200 more to live [at The Village], it is appalling to me that they intend to charge me more for damages that could have been caused by anyone walking in off the street, since most of the doors on the buildings do not close and lock," said Basie Hall resident Brian Bakes, a senior and English major.

The policy places the responsibility of deterring damage in the hands of the residents with the "support of the Residence Life staff," stating that a "joint effort" will make maintaining the quality of the building/community a success.

Parking Price Hike Causes Frustration

Brianne Cavallone
Staff Writer

For the first time in three years, Montclair State has increased the parking decal fee \$7.50, making the annual price to park \$57.50. The new prices were implemented over the summer when E-Park, the online parking registration system, came into effect.

E-Park was created to make obtaining a parking decal faster and easier, and to cut back on a considerable amount of paperwork. It allows students to obtain parking decals and pay citations.

Elaine Cooper, Director of Parking Services, says the price increase is "associated with the new online parking registration system and the shipping of permits to customers."

Cooper also relates the price hike to "parking management, which includes lot supervision and maintenance."

Over the past year the number of parking lots at MSU have decreased, despite an increase in the number of students and faculty attending the University.

Last spring a faculty parking lot behind the Student Center was removed to break ground for the new academic building currently under construction.

In addition to the new online registration, the campus lost spaces in the commuter/

resident lot 28 due to construction of the children's center.

As Parking Services claims that the extra money will go towards "maintenance," the number of parking spaces have decreased, leaving many students searching endlessly for a spot on campus.

Sophomore commuter student Carla Ferrazzano, stated, "I do not understand

"I do not understand why I pay for a parking permit when there is no place to park."

Carla Ferrazzano
Commuter Student

why I pay for a parking permit when there is no place to park."

According to Ferrazzano, most days she must park "in the Red Hawk deck to throw away some more money." With the recent cut back on parking lots, many other students are finding themselves in the same predicament.

Statewide College Cookout

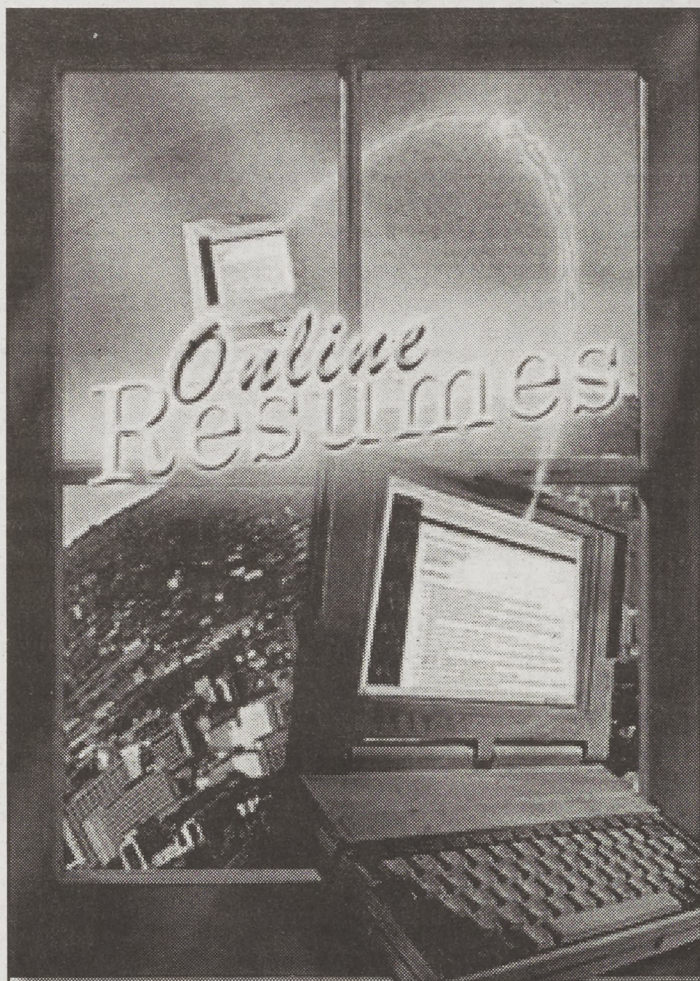


Steve Miller | The Montclarion

A statewide college cookout, organized by Infinite Productions, included sponsors and participants from Montclair State University, The College of New Jersey and Rowan University. The day's events included free food, entertainment, games and giveaways.

The Killer Resumé For a Killer Price

Come One Step Closer To The Real World With a Resumé That Will Not Be Overlooked



Courtesy of jotipjobs.com

Narpat Singh
Staff Writer

Have you ever wanted to learn how to write a winning resumé and cover letter? How much would you pay to get the tips needed to get one step ahead of the game, and produce an award winning resumé in

both paper and email format?

On Monday, September 13, the Career Services Program hosted a workshop in Morehead Hall on resumes. The intention of this workshop expanded beyond educating university students on how to write their resúmes; it taught them how to build their professional lives. Despite a small turnout, the workshop was loaded with an abundance of tips, tricks, and general information about the development of a resume.

At 3 p.m., the doors closed, and the action began in the workshop. Assistant Director of Career Development, Maralyn Kinch, explained step by step the proper way of

composing and editing an e-resume.

Special emphasis was placed on fonts, formatting, and keywords that would put your e-resume at the top of the stack. The hour session concluded with each of the students fully aware of how to produce an e-resume to die for.

Asked about the goals of the program, Kinch explained, "Our goals of the pro-

gram are that our students learn that Career Development is an office that can help students throughout their education and that the staff is friendly and committed to helping."

Many would pay hundreds of dollars for services that would give them that extra

Describe what you did at your job, not what you were responsible for. Actions speak louder than responsibilities. Statistics also play an important role. Show what you did, how you did it, and what benefits you reaped...

advantage ahead the rest. We at Montclair, though, have it much easier as the services are right at our fingertips.

The program is here to stay and Kinch hopes everyone will make use of this glorious advantage. "We always want more students to take advantage of our services but we know how busy most of our students are so we created a very extensive web site with lots of career planning and job hunting information as well as an on-line job listing system. However, we hope students will come for counseling and attend workshops since nothing can replace face-to-face inter-

action."

The fab four below are tips acquired from the workshop:

1. First, describe what you did at your job and not what you were responsible for. Actions speak louder than responsibilities. Statistics also play an important role.

Show what you did, how you did it, and what benefits you reaped from all the hard work that you put into the job.

2. A resume often becomes lonely and needs a companion alongside it. Always include a cover letter on top of your resume to protect it.

A cover letter introduces yourself, as well as puts you ahead of the competition. Most people forget that resumes only work best once accompanied with a cover letter.

3. Make use of that extensive vocabulary. Don't shy away from industry jargon; instead use it to your advantage. Industry jargon is a plus because many resume scanning systems often look for keywords to distinguish your resume from the rest.

Hence make sure to stock on key words that relate to your job, your field, and your abilities.

4. Make sure to keep both a hard copy of your resumé as well as a copy particularly for email and faxing. A resume that you hand to an individual is slightly different than a resume that you fax or email to a company.

Make sure you distinguish between the different types of resúmes, and keep one in stock for each type of occasion.

Good Luck!

Huffs and Puffs of Social Smoking

Non-Smokers Tired of Compromising Space to Avid Inhalers

Kathleen Finn and Tanya Purdy
Wellness Center

We felt compelled to write this article for those who are affected by secondhand or environmental tobacco smoke. Some people are not sure how to

We have been told time and time again by people who smoke, that we are infringing upon their right to smoke by asking them to put out their cigarettes...

address roommates, siblings, friends, parents, etc. with their concerns about the harm they are being exposed to.

We have been told time and time again by people who smoke, that we are infringing upon their right to smoke by asking them to put out their cigarettes or smoking in designated areas.

To that we have replied, they are infringing on the rights of every person around

them who chooses not to smoke (which is the majority of people) by forcing them to breathe in their deadly secondhand smoke.

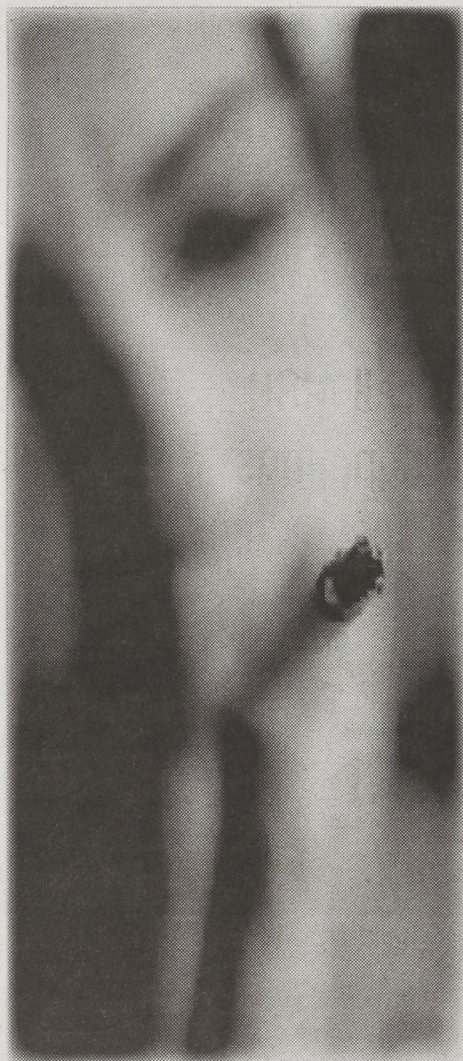
There are over 4,000 chemicals found in cigarettes. Many are expelled from a lit cigarette, including carbon monoxide, formaldehyde, arsenic, and acetone. Environmental tobacco smoke causes approximately 35,000 people each year to die from heart disease as a result of inhaling these poisonous chemicals. At least the person who chooses to smoke has the benefit of a filter.

In California, smoking has been banned in public places like bars and restaurants for several years. More recently this change took place in New York City and Boston. While many complained that business would decline and night life would go stale, the exact opposite has occurred. People like us have begun to frequent bars and restaurants.

It is a pleasure not having to come home afterwards coughing, smelling like an ashtray and finding black mucus in our noses. And so business owners as well as employees are reaping the rewards of this new law. Profits for many of these businesses are on the rise.

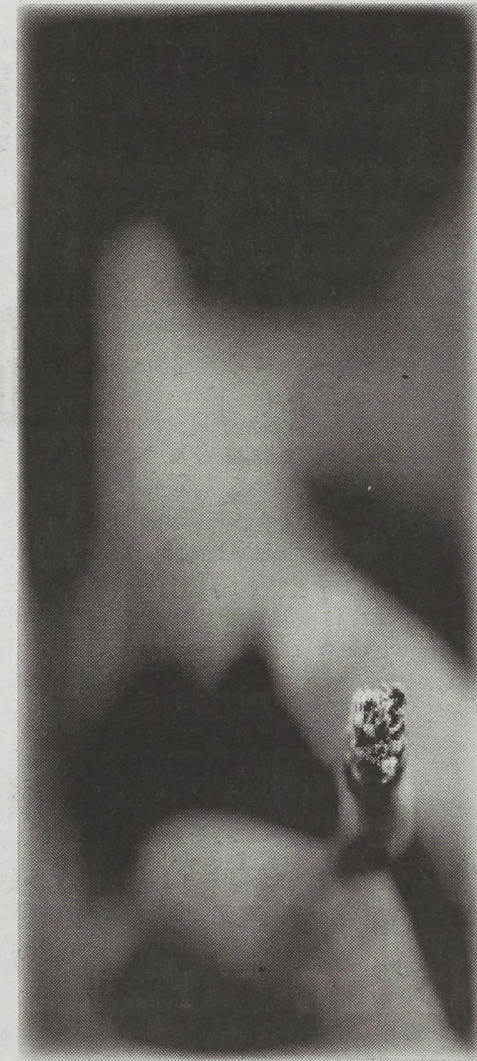
So what we are saying is that our health as non-smokers has been compromised for too long now. It is time to work towards gaining rights as non-smokers.

Don't tolerate what you don't have to! As a friend once told us, having a smoking section in a restaurant is like having a peeing section in a swimming pool.



Courtesy of vpul.upenn.edu

Female smokers are twice as likely as male smokers to develop lung cancer.



Courtesy of Bodyzone.com

Hypnosis helps more men than women quit smoking.



Students: Earn Extra Money

while raising critical funds for MSU!!!

Apply **NOW** to be a caller at PHONATHON!!!

When?

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Job runs from Sept. 20-May 5, 2005.

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Contact **Ulysses Tucker, Jr.** at **973-655-7472.**

Jobs are limited. APPLY NOW!

Stop by the Annual Fund Office at 311 College Hall or Career Development for applications. (Deadline-Sept 10, 2004)

Unsung Heroes On and Off The Field

Duties of an Athletic Trainer Go Far Beyond The Usual Taping and Icing

James Carpentier C.S.C.S.
Staff Writer

They are there well before, during, and after sports events tirelessly tending to high school, college and professional athletes. Though unassuming, they play key roles behind the scenes, on the sidelines and on the athletic field.

When a player is hurt, they are usually the first to reach the injured athlete. They are called athletic trainers and are a fundamental part of a sports program. A case can be made that their professional relationship with athletes, and how injured athletes commit themselves and respond to the various therapies in an athletic training facility may indeed influence a team's season. How quickly or slowly a stellar athlete returns to action following an injury, for example, can affect wins and losses.

An Ancient Profession

According to the *Journal of Athletic Training* (June 2003), "Informally, the profession of athletic training has been in existence since the ancient Olympic Games, when ath-

letic trainers at all levels of sport.

John Davis, Head Athletic Trainer at Montclair State University, was asked last fall what improvements, trends or changes are foreseen in the athletic training industry in the next few years. He said that the "demand exceeds the supply" inferring that more athletic trainers are needed to tend to all the athletes. Compared to 10 years ago, Davis also noted a "more hands on approach" today in reducing treatment time and an athlete's period of rehabilitation "rather than relying on just modality machines and rest. These older techniques were not as aggressive as today's treatment protocols."

Another element which may help the athletic trainer decrease an athlete's time of recovery is that today's college athlete is "generally more physically fit and more aware of nutrition," according to Dr. Robert Palacios, a team physician for Montclair State University.

Palacios also mentions that when comparing current treatment modalities available to athletic trainers with ones dated 10 years ago, "the equipment is better and the educational preparation is better" — which may also lessen treatment time and accelerate an



Photo by Dominique Wilson | The Montclarion

Athletes from the MSU women's Basketball team training for yet another exciting season. In order to be physically and mentally fit. Their trainers emphasize the balance between rigorous workouts and play time.

"Informally, the profession of athletic training has been in existence since the ancient Olympic Games, when athletes routinely sought the advice, assistance, and wisdom of scientists and other intellectuals in attempts to improve performance and ward off injury..."

-Journal of Athletic Training (June 2003)

letes routinely sought the advice, assistance, and wisdom of scientists and other intellectuals in attempts to improve performance and ward off injury. Formally, the profession of athletic training has been in existence in the United States since 1950, when the National Athletic Trainer's Association (NATA) was formed by a small and obscure legion of "trainers."

Now, half a century later since the NATA's formation, there is an increasing demand for

athlete's recovery period.

How successfully or rapidly an athlete recovers from an injury reflects the athlete's dedication to rehabilitation. As it is imperative for healthy athletes to regularly attend practices to improve performance, it is equally necessary for the injured athlete to consistently get to the athletic training facility to promote a safe and effective recovery.

Obviously, athletes who skip rehab appointments will only prolong the recuperation pro-

cess. Thus, athletic trainers must establish workable relationships with athletes and coaches, maintain current records of treatment times for each athlete, and effectively communicate with athletes, coaches and team physicians — particularly with severely injured athletes facing a lengthy rehabilitation program.

The combination of a skilled athletic trainer and a diligent and determined athlete in the athletic training facility can produce a sooner than expected return to the starting lineup.

Wearing Different Hats While Applying Tape and Ice

There are times when athletic trainers must go beyond taping, icing and other treatment modalities and become part detective or part psychologist, particularly when facing two types of athletes; one who insists on playing despite an injury, and one who has been cleared to play with a minor injury, but is fearful of aggravating the injury during the game. Davis says that at the college level, "there are not many game day decisions or confrontations. We won't force a kid to play."

He adds that grade level is a factor, mentioning that a senior may want to play despite the injury since it's his or her last year, while a freshman has more time to play in the future and is willing to sit out and rest the injury.

"It also depends how the team's season is going," he says, suggesting that a meaningless game compared to perhaps a playoff or championship game dictates an athlete's decision to either play with an injury or sit out.

Palacios believes that the player who has "psyched" him or herself out of returning to action despite being cleared to play "is at more risk for injury" — since the player will probably perform more cautiously and thus become more vulnerable to injury.

He adds that for certain injuries involving vital organs such as concussions (brain), or an injury to the spleen, for instance, the athlete must remain on the sidelines.

For other injuries, such as bruises, "pain tolerance and function" is left up to the athlete whether to play or sit on the bench.

A Saturday Football Game

In the hours before a home football game, the athletic training facility is buzzing with activity — music is played, the television is on, and athletes come and go after receiving treatments.

For injured athletes, the athletic training facility is also a place to relax or listen to favorite music before the game while having ice applications and other treatments. Healthy players also enter to get stretched or taped up, while conversing with injured teammates and athletic trainers.

During the game, the athletic trainers constantly observe and help the athletes, monitoring injuries and ensuring that they are properly hydrated on the sidelines, frequently offering water bottles as the players go on and off the field.

During time outs, water bottles are automatically brought out to the players on the field.

The athletic trainers must always be alert, attentive and prepared with a handy towel, water bottle or tape and must also be able to react quickly when a player shows signs of sudden illness or another player gets injured across the field.

At halftime, the athletic trainers continue administering to injured athletes, while other players need to be stretched.

Long after the game has ended, the crowd has left, and the stadium lights are out, the athletic trainers continue tending to the athletes.

For a few hours on an autumn Saturday, the football players took center stage, and heard the cheers. Now in the quiet athletic training facility, the weary athletes line up for post-game treatments from Saturday's unsung heroes: the athletic trainers.

Last fall, James Carpentier had the opportunity to observe and assist Montclair State University's Sports Medicine Department and the athletic trainers before, during and after football games. This article is based on his observations.

**Write for the
Feature
Section of The
Montclarion!
Contact x5241 or
email at
montfeature@yahoo.com**

When Love Seems Truly Ageless

Trials and Tribulations of a Relationship Marked By Age



Courtesy of rwrq.com

An older man can make his girlfriend race through her younger years, but long-term commitment is based on respect, love and care. If both parties can compromise, the age difference should not matter as much.

G.M. Grosso
Staff Writer

Dear G.M.,

I'm in a really confused state of mind right now. I'm an 18-year-old-freshman, and I recently met an upperclassman at school. He's 25-years-old, and we've been hanging out. I really like him a lot, but I'm not sure if I should really try to pursue a relationship with him. Do you think the age difference is too large of a hurdle?

K.P.

The beautiful part about college is that you are truly exposed to a diverse group of human beings. You aren't stuck in your high

school dating pool with all the same people you've known for years anymore. Now, there are new opportunities awaiting you every day.

You'll be amazed at the new friendships you will be forming this year, and this is a really exciting time for you. Take advantage of this phase of your life, and don't just settle on someone because he's the first person that you've met. You're only a couple of weeks into the school year, and you might want to spend some time getting acquainted with college life. Don't rush into anything that you might be sorry for later.

The age difference is significant. Seven years is pretty drastic, but age isn't something that can't be overcome. If this guy is terrific, then it doesn't matter if he's 17 or 30.

he finally figured it out. Firefighters are trained to run into burning buildings. Police officers are trained to dive into frozen rivers. Firefighters and police officers are not trained to be public speakers.

**THE MORAL OF THIS STORY:
YOU CAN BE TRAINED TO DO ANYTHING!**

This is especially true when it comes to school.

You don't have a good memory or a bad memory — you have either a trained memory or an untrained memory. You aren't a good writer or a bad writer — you're either a trained writer or an untrained writer. You aren't a good speaker or a bad speaker — you're either a trained speaker or an untrained speaker. You have a great mind. You can learn anything.

Here's the catch: You might not be able to do it by yourself; you might need some help. Get help from your professors. Get a tutor. Get assistance from a classmate. In other words — get some training.

Remember: You can be trained to do anything.

So you want to be a super student...

BUT... BUT... BUT...

The answer: Get off your BUTS and get yourself some training!

After all, you are of legal age now. Being 18 makes all the difference here. If you were 16, I would have to caution you against this for the sheer fact that it would be illegal.

There are pros and cons to dating an older man. On one hand, he is more likely to be a lot more mature than the average college freshman, and he's more likely to take your relationship much more seriously. Yet, in that statement there is a serious con.

He may take your relationship a little too seriously just because he is much older and closer to the point of his life where he might want to settle down. Are you ready for the pressure of that prospect? You are just beginning your college career.

You probably want to have a lot of good times, which is totally normal. Before you make any big steps or commitments, weigh out the entire list of pros and cons.

If he's just that fantastic, then go for it, but if you're not that sure, then don't sell yourself short. Trust me, endless opportunities await you!

Dear G.M.,

I've been seeing a guy who is awesome except for when we get to the bedroom. He's all about doing some really crazy stuff that I'm just not cool with. I give him hints that I'm not comfortable with what's going on, but he doesn't seem to be getting the point. How should I handle this messy situation?

~J.S.~

First of all, the only way that a sexual relationship is considered healthy is if both people involved are consenting to what is occurring. If this guy is forcing you into doing things that you aren't comfortable with, then there's obviously something terribly wrong.

He may be a lot of fun to hang out with, but if his ideas of sexuality are completely different from yours then you have to be very clear about letting him know.

Don't just think that your subtle hints are enough, because he's obviously not getting the point. Be completely up front with him.

Don't try to cut corners by being gentle. If you're feeling violated by what's happening in your sexual relationship, there can be serious repercussions.

It's not fair for you to hope that he will come to understand your subliminal messages, and it's not right that you have to deal with a form of sexuality that makes you feel threatened.

There are many people who have certain fetishes that seem perfectly normal to them, and frankly it's a lifestyle choice that they are certainly allowed to partake in. Yet, they are not allowed to force someone else into joining in on their fetishes if it is not something that the other person is comfortable with. He may be a great guy outside of the bedroom, but if

the two of you cannot come to a mutual agreement, you may have to part ways.



Courtesy of cspv.hu

The cliché lives on - the key to a healthy relationship is patience and open communication.

I am here to answer your questions. If you have a dilemma like the one above, feel free to e-mail me at Montfeature@yahoo.com with the subject - Attention GM Grosso. I look forward to hearing from you.

Giuliani's Wisdom

How to Be a Super Student

Dr. Glibert
Department of HPPERLS

You want to be a super student...

- BUT you have a terrible memory.
- BUT you don't write well.
- BUT you're an awful public speaker.

Don't worry! The truth of the matter is that you can be trained to do anything.

Let me tell you a story...

A few months ago, I went to a speech given by Rudolph Giuliani, the former mayor of New York City. Giuliani told the story of one of the great mysteries he witnessed as mayor.

Every once in a while, a New York City firefighter would run into a burning building to save an infant, or a police officer would dive into a frozen river to save a drowning person. The day after the heroic deed, this firefighter or police officer would be honored at City Hall.

Here is when the mayor noticed the mystery. These heroes, who were courageous enough to risk their lives to save others, would be scared to death when called upon to give a short speech at a press conference.

Mayor Giuliani said he was very puzzled by this mystery for a few years. Then

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PLEASE PROVIDE PHOTO.

Nothing to do? YEAH, RIGHT!!!!

Thurs. 9/16
TONIGHT!

4pm - 2 on 2 Volleyball! - SC Quad
7pm - Welcome Wild Out - OSAU
SC Ballrooms

9pm - A.S.S.I.S.T. Coffee House - Ratt

Fri. - 9/17

9pm -

Red Hawk Night
Student Activities

Sat. - 9/18

11am -

Pre-Game Parking Lot Jam
Parking Lot 7

Sun. - 9/19

Special Events
and
Activities
to be announced!

Mon. - 9/20

4pm - WAVES/VOX Reception
SC BALLROOM C

6pm - Monday Night Football - Ratt

Tues. - 9/21

9am - Commuter Breakfast
Commuter Lounge

8pm - Cafe' Con Leche - Ratt

8pm - Trip to see *Bombay Dreams*

Wed. - 9/22

8:45pm -

Karaoke Night!!!
SC Dining Room

Thurs. - 9/9

Special Events and
Activities
to be announced!

For more information about these events, or any other events, please contact Student Activities at ext. 7818
Sponsored by the SGA

Soap Star and Students Light Up in *Proof*

Broadway Hit Sticks to Its Word and Proves It With a Sold Out Audience

Michael T. Martin
Staff Writer

Proof

Starring Heather Tom
dir David Auburn
L. Howard Fox Studio Theater
★★★★

Proof, a 2001 Tony-winning show penned by David Auburn, ended its successful two-week run at the Fox Theatre last Sunday.

The show, a result of the collaboration between TheatreFest and MSU's Theatre and Dance Department, played to sold out crowds in its closing weekend.

Although Montclair's shows regularly attract decent audiences, there was special interest in *Proof* because it was the first show in which TheatreFest's equity actors have been featured with MSU students in a production. Equity actors are paid for their performances with TheatreFest, while MSU students benefit from working with seasoned professionals.

Moreover, this production was made especially significant by its star, Heather Tom, the Emmy-winning actress from the television soap operas *The Young and the Restless* and *One Life to Live*.

Proof is the story of Catherine (Tom), a 25-year-old woman who had to put her life on hold to care for her mentally ill father, Robert, played by Stephen Bradbury. When the play begins, Robert, also a renowned mathematician, has just died. Catherine, currently lacking a sense of purpose, has sunken into depression.

Catherine agrees to let one of her father's favorite students, Hal, played by senior Paul Reisman, look over some of Robert's notes from his last years.

Hal takes a romantic interest in Catherine, and although she resists him at first, she eventually agrees to see him.

Meanwhile, Catherine's sister, Claire, a socialite played by senior Kelley Faulkner, is visiting for the funeral.

Amidst all the funeral plans and budding romance, Catherine allows Hal to see one last notebook.

It's filled with a long, seemingly improbable math proof.

Then, Catherine startles Hal and Claire by revealing that she, not her father, wrote

Claire even believes her father's illness is setting in on Catherine. In the end, though, Hal finds out that Catherine is telling the truth.

For such an enjoyable show, the first moments of *Proof* were flat. Although it was exciting to see a recognizable face on stage in Heather Tom, this feeling dissipated during her exchange with Stephen Bradbury.

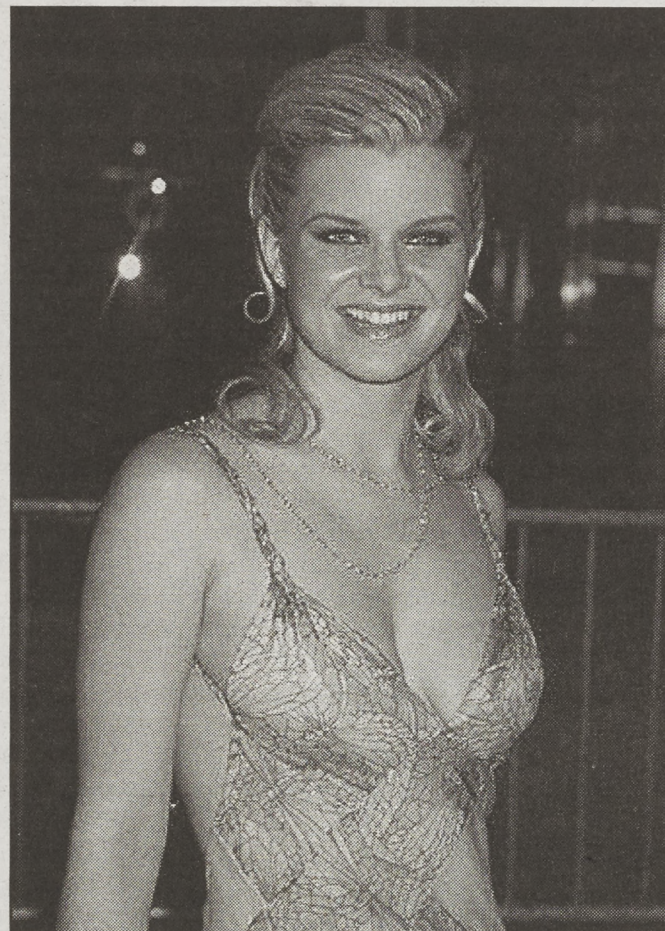
The two actors were stiff and the delivery of the dialogue was not quite natural sounding. It felt as if the actors were still not sure of the nature of their father-daughter dynamic. Fortunately, this awkwardness was whisked away by the abrupt entrance of Reisman.

The chemistry between he and Tom was convincing, as their relationship evolved from antagonistic to loving, culminating in a few intense kisses.

One of the more darkly funny scenes came when the audience was introduced to Claire. The dialogue shared over breakfast by Tom and the adept Faulkner was quite entertaining.

Faulkner was appropriately absurd when telling Catherine that she should try the latest hair care products and trendy new foods.

Tom's disinterested expressions looked very natural; Catherine is trying to be polite



courtesy of bightfan.web.aplus.net

One Life to Live soap star Heather Tom had a jaw dropping performance this past weekend in *Proof*.

but just isn't interested in what Claire is saying.

The polite chat ends soon, however, as the fiery Catherine lets loose, mocking her sister's materialistic values.

The performances improved over the show's two-hour duration. The actors, including Bradbury, appeared like they were comfortable being their respective characters.

SEE "PROOF" PG 12

Making Great New Music is No Joke

Dave Bauer
Staff Writer

The level of anticipation was extremely high when I purchased the latest albums from The Black Keys and Radio4; two bands I have always held in rather high regard. I was certainly interested in hearing new R4, as they are so often referred to, as it has been two years since their last release. The Black Keys released their last album about a year ago so I knew what to expect.

I thought it was going to simply be more of their stylized boogie blues rock and roll. I was in for a little surprise actually. *Rubber*

The sound manipulation leaves the drums sounding fake and lifeless.

Factory (Fat Possum), The Black Keys' latest, is by far their best work. In their year off, Dan Auerbach (vocals, guitar) and drummer/producer Patrick Carney have matured into a band that is confident in everything they do.

Through this confidence a light airy feel-

ing has made its way into their music, which in turn, has made their sound more groove laden and, dare I say, funky. "What about the night/ makes you change/ from sweet to deranged" (from 10 a.m. Automatic), shows a band whose confidence enables them to write lyrics that are catchier than in the past.

No small feat considering how catchy the lyrics on previous albums were; now it is just upped a notch. Gone from the music is that certain tightness which was all too present on their earlier works. Their earlier works were all great, but sometimes you wish they had in fact loosened up a bit more.

I guess it's true that good things come to those who wait. *Rubber Factory* can be construed as that oh-so-perfect driving album. I wish I can say the same for funky, punk disco hipsters Radio4. R4's brilliant last album, *Gotham* (Gern Bladstein) was equal parts punk, funk and danceable grooves. From beginning to end, it didn't disappoint.

I had the opportunity to see them play live at Maxwell's in Hoboken about two years ago and what a show they put on. Added to the mix were percussion and keyboards and the songs took on a more whole sound. It was one of the most lively shows I have seen in quite some time. Fast forward to this year and I, unfortunately, can't think of anything good to say about their latest release. Entitled "Stealing of a Nation", they are now on a major label (Astralwerks) and this might be where the problem begins.

Predominantly a label with a majority of electronic/techno/dance recording artists, it seems R4 wants to "fit in" a little more into their new home. At first listen one would think they fired their drummer and are now using a drum machine.

The sound manipulation leaves the drums sounding fake and lifeless. The guitars which were always such a great part of their earlier works, now can barely be heard. I'm assuming the band thinks they have put out a wholly original album but it is anything but. They have unfortunately made an album that sounds dated. Ironically, their last album, with its experimental soundscapes, sounds like it should have been their new album. They seem to be working backwards. It is unfortunate that it took them two years to construct an album that sounds like it could have been made overnight with the hit of a button.

Listening to the new R4 album, I was



courtesy of Bettawreckonize.com

The Black Keys rocks out with the release of their new album entitled *Rubber Factory*.

constantly reminded of the latest release from an artist known as Mocean Worker (Adam Dorn is the mastermind behind this). Released just a few short months ago, *Enter The Mow!* (Hyena), is an album that could easily feel at home at jazz label Blue Note via the Astralwerks label. Primarily a funky jazz CD, Mocean has created an exciting, lively, and very real sounding masterpiece through the use of samples. He is an artist who shows that a lot can come from a little. Maybe Radio4, who seem to do the opposite, can take a few lessons from him.

PROOF

CONTINUED FROM PG 11

The show was most enjoyable when there were at least three of the actors on stage at once, whether in a flashback with Tom, Bradbury and Reisman or present day with Faulkner in the mix.

There was a real sense of timing and give-and-take between all of the cast members.

The emotions were on point; the funny moments were funny and, more importantly, the dramatic moments were effectively and executed with apparent ease.

No overacting here. As in all good shows, the audience could watch and forget that the actors were acting.

The set, which portrayed the back porch of a house in Chicago, was huge. It took up the whole floor of the stage and rose up to the ceiling.

Often the actors would walk on the faux-grass right in front of the audience, which made the show seem that much more real.

It took TheatreFest professionals three weeks to construct the set. As soon as the show ended, however, the MSU students began striking it.

Fortunately, this awkwardness was whisked away by the abrupt entrance of Reisman. The chemistry between he and Tom was convincing, as their relationship evolved from antagonistic to loving, culminating in a few intense kisses.

The conclusion of *Proof* was rather low-key since there is no climactic reconciliation between Catherine and Hal.

The last image of the show is of Catherine explaining her astonishing proof to an eager Hal.

Although Catherine and Hal's future is uncertain, the audience sees Catherine finally embrace her gift and appreciate herself, no longer standing in the shadow of her father.

Tom's posture and expressions led the audience to believe that Catherine just may give herself the chance to live for herself.

I spoke briefly with Tom after the show before she went out with the cast to celebrate. She said that she came to New York with an interest in doing theatre.

She auditioned for the role in *Proof*, and didn't find out until later that she would be working with the promising students of MSU.

When asked about her favorite parts of the live show experience, she responded, "Every night is different." Things work better sometimes than others.

I try not to play for just one moment." This was evident, as she was thoroughly enjoyable throughout the show, convincingly running the gamut of emotions.

There is a stereotype that soap opera stars don't really know how to act.

However, with assistance from MSU's future stars and Bradbury, Tom's performance testifies to the powerful experience of live theatre, an art form that is worth supporting.

The proof is in the show.

Green Day Sings Politics

Green Day: All Blood, Sex, and Booze... or Political Views?

Michael Mascellino
Staff Writer

Here it comes everybody, the hard-headed, snotty punk band that has challenged the airwaves since 1989. Their music has inspired, or at the least made people think about the realities we face everyday; school, work, relationships, and the focus of their new album...politics. The band Green Day has definitely made their mark on the "X" generation and their political statements are becoming evermore evident with the release of their new album *American Idiot* scheduled for September 21.

The release of this album will be considered a milestone in the band's career as far as their political involvement. It is to be considered a self-confessing punk-rock opera which blends heavy political and religious issues with a good old fashion guitar. The album's premise is based on disillusionment and lack of confidence in American society and alienation of each other under Bush's administration of Anti-terrorism. On Green Day's official website, lead singer Billie Joe made the statement, "*American Idiot* is just about the confusion in what's going today, whether it's the non-reality of reality television or what you see on CNN. It's about what kind of fears are being imposed on me as a watcher of all this stuff, and just feeling completely confused and alienated." Green Day has been breaking the barriers in music for nearly 15 years.

In 1992, with the success that came from their *Kerplunk* album, their popularity and interest spawned overnight and record deals poured in. After signing with Reprise, they began cranking out albums and their popularity gained even more momentum. From that point on they only grew in demand and developed more new material along the way.

In the spring of 1994, their album *Dookie*



courtesy of Greendayauthority.com

Entering their ninth album, Green Day experiments with a controversial approach to making great music.

was at the top of the American rock charts for five weeks and stole the stage at Woodstock 1994. The band hit a plateau in 1996 coming out with *Nimrod* which was considered to be the pinnacle on the band's career. The song "Time of Your Life," which featured Billie Joe on his acoustic guitar and vocals made the most remembered performance of his life. The song seems to tell a sad, but uplifting story of how we go through life.

"All the memories and trials we share, but it was worth all the while." This song was so popular and inspiring that it was used on the last episode of *Seinfeld* and some *ER* episodes. In any case, the band has made its mark in the music community and their

American Idiot album promises to be one for the books. The content, lyrics, and music itself are anticipated to be classic Green Day.

Critics of the non-rock community see this album as a negative, Anti-United States propaganda, when in reality, if one looks a little deeper, it is an album trying to get the general public to see and think from a different perspective. The perspective is that the polis is confused and disoriented as to where they stand in confidence of the U.S. governing body.

Many people seem apprehensive or even lack interest in what is transpiring behind the walls of the White House. Billie Joe and the band are giving this country a wake-up call; to stop sitting on the sidelines and get people involved.

Their lyrics may be slightly abrasive or even uncouth, but then again how do you explain anger nicely? Nevertheless, they are a band expressing a valid point...to be involved in your government and don't take things for what they are... Speak out and be heard! Vote, write a letter to a congressman, and take initiative to understand what is really going on in the political arena. No one said be a revolutionary, but stand up and make a valid point and argue effectively; Remember...the silent tongue is a wasted voice.



courtesy of humorbg.com

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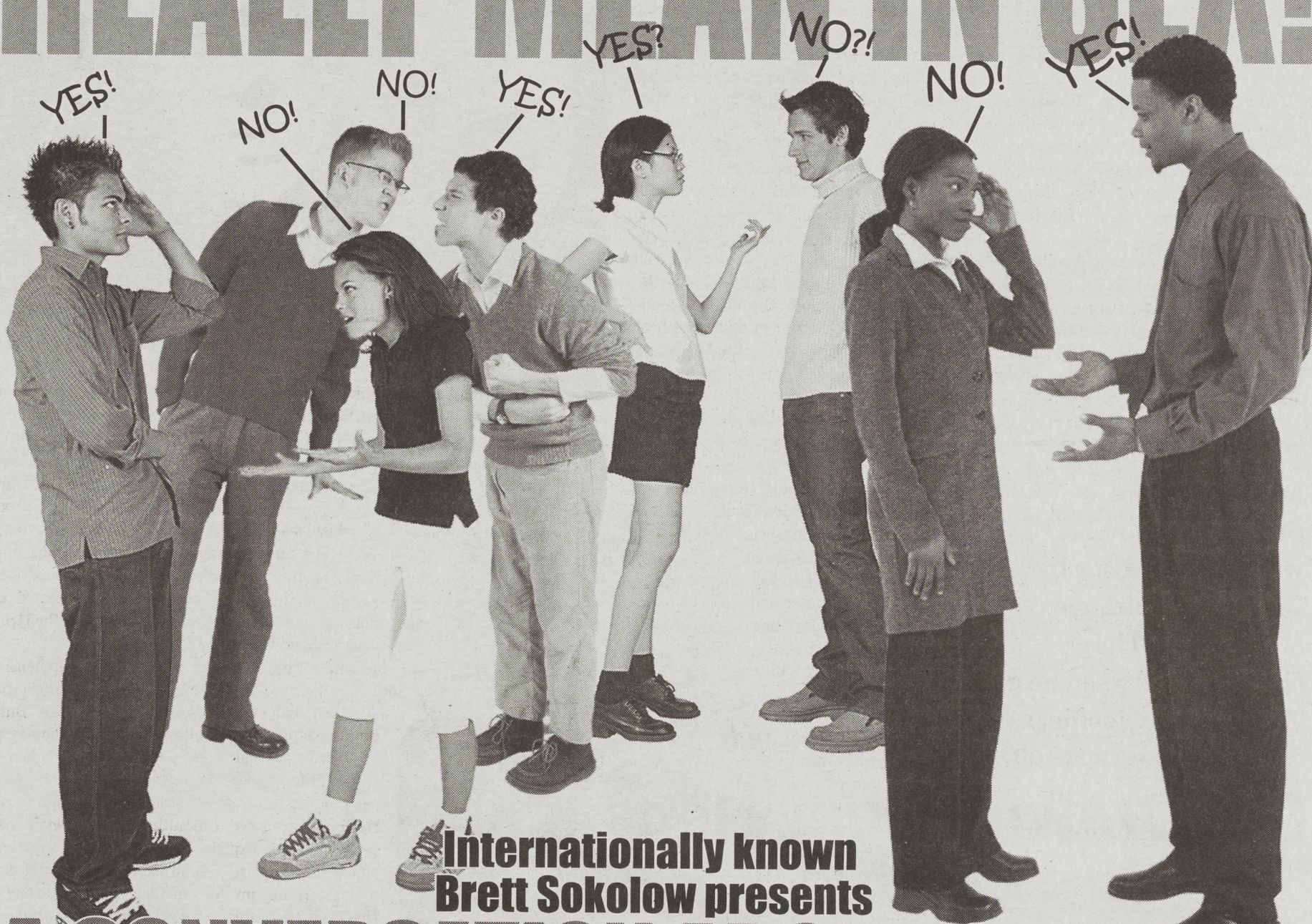
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WHAT YES AND NO REALLY MEAN IN SEX!



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- How consent is withdrawn.
- How long does consent last?
- How force impacts consent.
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- Does yes always mean no?
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Squeeze the Juice for More *Real Life*

Dennis Anderson
Assistant Copy Editor

Okay, we've all gotten it by now. MTV's *The Real World* ain't so real. Yet in watching the fifteenth, (this one Philadelphia-based) season of seven gorgeous aspiring actresses, actors, and models throw tantrums in an equally beautiful house, the show still seems to be doing okay. In fact a few things about this season prove that the

The show's producers have opted to go beyond their homosexual quota.

show might be getting (dare I say it) better. When *The Real World* debuted on the television landscape a good number of years ago it was one of the only shows of its kind. Now over a decade later, many shows have bought realty on the beaches of sunny reality television.

Though, the surge of popularity in the reality genre has only helped improve appreciation for MTV's well-built program. Thankfully, this *World* has stayed quite true to its routes. It doesn't have the "most shocking twist ever" teasers in its commercials the way shows like *The Bachelor*, *Average Joe*, and *Survivor* have. As a matter of fact, in the season premiere of the Philly-set season of *The Real World* the show actually did throw a twist at us minus the weeks of commercial teasing. For the first time in 15 seasons the show's producers have opted to go beyond their one homosexual male quota and have two gay men in the house.

Yet the most shocking twist of all about

this is the fact that MTV neglected to advertise this surprise to hype-heavy proportions the way networks do with shows like *The Bachelor*. Instead, viewers went through the show's entire casting special and halfway through the one-hour season premiere with the very-openly-gay Willie as the show's sole homosexual. Then, as the show's two (another *Real*

rarity) African-American cast members Karamo and Shavonda had a private bar conversation the real secret came out (pun intended there) with Karamo's sexuality. That's the interesting thing about *The Real World*. Fifteen seasons and they continue to offer fresh dynamics.

Not only is there the contrast between the forward Willie and the more reserved Karamo to get the MTV audience thinking, but there is also the potential clash between both men against the show's possibly homophobic Southern-fried bumpkin. Meanwhile this aforementioned southerner, MJ (not to be confused with his similarly Abercrombie-clad clone, cast member Landon) has already started flirting with the house hussy Sarah. Now, Sarah might be more sex-crazed (and hopefully more interesting-who knew that much sex could be so boring?) than the entire Las Vegas cast of the show, which is quite an



courtesy of xposed.com

Fifteen seasons and still running, *The Real World Philadelphia* tries to push boundaries and break barriers.

achievement; so she and MJ should get along real nice, except for the fact that MJ only hooks up with blondes.

Then we have nice guy Landon professing his love about Shavonda (whose involved with someone back home but already losing her relationship will-power) in the confessional in only the second episode and trying his best to court her while heavily intoxicated. Now wonder *World*-er number seven Melanie is still a stranger to us. She's hiding out because it's only a matter of time before her roommates "stop being polite" as the opening credits always tease. So, what happens when two probable Abercrombie models, two gay men, a potential cheater, a possible slut, and a wallflower get picked to go to acting school for free on national television in Philadelphia? We get a whole diverse, exciting, and different kind of *World*.

The Brown Bunny Hops and Falls

Dori Campbell
Staff Writer

The Brown Bunny

Starring Vincent Gallo, Chloe Sevigny
Dir. Vincent Gallo
Knetique Pictures

★★

Vincent Gallo, who is responsible for many a medium in the art world does not deserve the attention he is getting for *The Brown Bunny*, which, without a doubt, is the worst over-hyped hipster film of the year. This allegation from my part seems as if it is a hefty statement, but judging from the sea of frowning faces in the women's bathroom shortly after the film, I am apparently not the only one who feels disappointed by what I just saw. First of all, at the start of everything the screen turns dark showing credits of *Brown Bunny*: directed, produced, and starring Vincent Gallo, in plain white font.

Not only is this the only humorous part of this train wreck, it is a true warning sign of the sort of pretentious hogwash that is yet to come.

The first real scene of the film simply shows Gallo racing his motorcycle around a track for what is seems to be about five agonizing minutes.

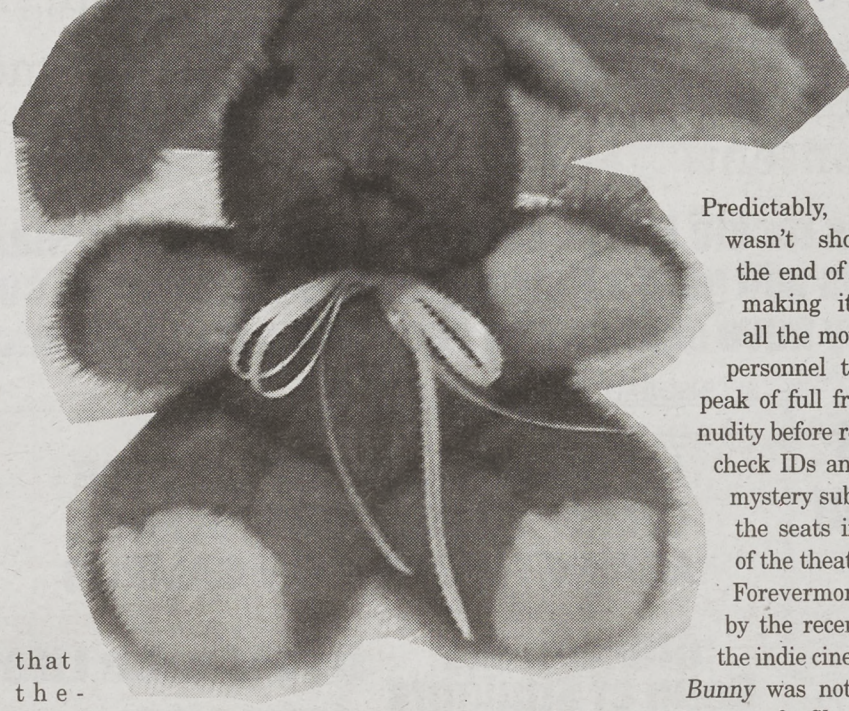
When the race is all over, Gallo slowly takes off his helmet and does a hair flip like the "euro trash" male model he truly is. (Even if he was born in Buffalo, New York.)

Besides the motorcycle and the track get-up, he uses scenes shot haphazardly out of a dirty car window for the rest of the film in

replacement of actual original content, and substance.

One may ask, "If this movie was so poor, what intrigued you so much to spend your precious toy store dollars on it?" Well, that answer is as simple as it was labeled with an X rating, and like many of the young people placed in my dreadful position

i n



courtesy of Cinemacenter.hps.com

that the -ater, I wanted to see some down and dirty action.

With my overpriced Coke in one hand and my head on my boyfriend's shoulder I was ready for some grade A Smut. But to my dismay I had to suffer through Gallo

scoring vulnerable woman, kissing them, and quickly abandoning them on the scene after gaining some sick satisfaction in the notion that he can have any lady in the world, as if he were Hugh Hefner. My personal "favorite," scene was when Gallo picks up a young prostitute named Rose from the Las Vegas strip, feeds her some McDonald's

fries and dumps her off at a street corner after cruising around slums to pass time.

Predictably, the skin wasn't shown until the end of the movie, making it easy for all the movie theater personnel to sneak a peak of full frontal male nudity before returning to check IDs and clean up mystery substances off the seats in the back of the theater.

Forevermore scorned by the recent decay of the indie cinema, *Brown Bunny* was nothing short of a film that solely seems to attract

audiences for shock value. I say don't bother, and just stay home and download a mixture of fishing television shows from the 70's, and some amateur dirty deeds. You will get the same effect.

ARTS Calendar

Movie Releases



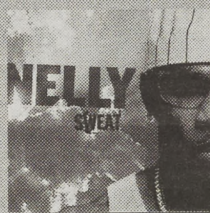
The Forgotten
Dir. Joseph Ruben
Starring Julianne Moore, Dominic West



The Last Shot
Dir. Jeff Nathanson
Starring Alex Bladwin, Matthew Broderick

Album Releases

Hip-Hop



Nelly
Suit/Sweat

Metal



Megadeth
The System Has Failed

Concerts & Theater

Thursday 16
The F-ups -Cricketclub
Macha- Knitting -Factory

Friday 17
The years gone by -Rex Plex
Twelve Tribes -Starland

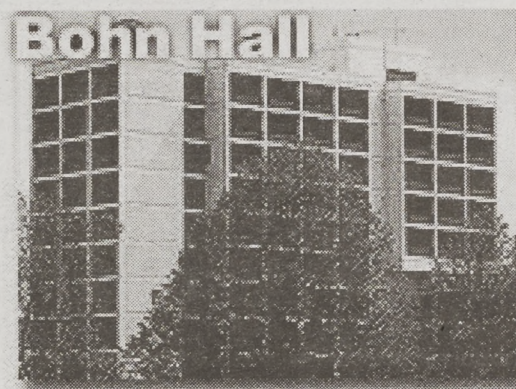
Saturday 18
Taj Mahal -Colombia University
Rock Kandy -DingBatz

Sunday 19
Angie Stone- B.B King's Blues Club
Burning Spear -Central Park
Kevin Lyttle -Terrance Parking Lot

Monday 20
Diabolic- B.B King's Blues Club
Supa Group -Mercury Club
GreenDay-Irving Plaza

Tuesday 21
Channels- Knitting Factory
Throw Back- Lion's Den

Wednesday 22
Sam Robert's Band- Webster Hall
The Tragically Hip -Webster Hall



An open letter to the Montclair State community:

As autumn approaches and a new academic year gets underway, the brothers and alumni of Phi-Alfa-Psi Senate, MSU's oldest and most revered fraternity, would like to take the opportunity to welcome you back to the MSU campus. The start of a new academic year is always an exciting time, rich with opportunity and the promise of intellectual, spiritual and social growth. It was at this time of year in 1929 that our esteemed founder Dr. Edward Webster introduced Senate – and the very concept of Greek life – to the then Montclair State Teacher's College. The values that Senate embraced in the early autumn of 1929 – loyalty, courage, character, friendship and individuality – served the organization well over the ensuing decades and throughout the last century. The current brothers and surviving alumni of Senate, an organization that many on our campus consider an institution, are both honored and humbled that fate has entrusted them to carry the Senate traditions into the 21st century.

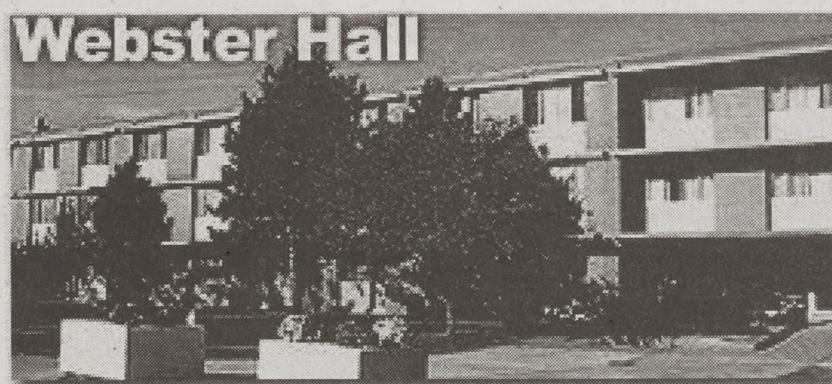
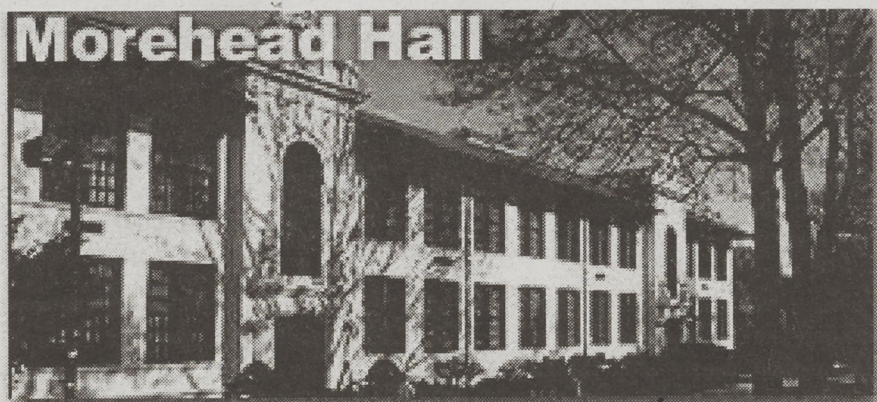
Clearly, much has changed since 1929, so permit us to bring you up to date on recent events. To begin, we would like to congratulate MSU alumnus William Faulkner (no relation to the prolific and seminal American novelist) on receiving the Harold C. Bohn Fellowship, a scholarship that Senate awards every spring to a deserving graduate student. In addition, the gentlemen of Senate are today announcing the launching of the Phi-Alfa-Psi Senate Robert C. Lombardi Scholarship, a new academic award that will be available to undergraduates in the spring of 2005. Recently, Senate dedicated a bench on Alumni Green in the memory of Bobby Lombardi, a beloved Senate alumnus who passed away in 2003. The dedication, a moving and memory-evoking event, was profiled in MSU's Alumni Life magazine.

This year also marks Senate's 75-year anniversary, a milestone that has been celebrated with gala events and philanthropic fund-raisers that have drawn alumni from as far back as the class of 1956. Senate's diamond jubilee also saw the launch of our Alumni of the Day Program, an initiative that allows Senate's diverse pool of alumni to act as professional mentors to current brothers and grants eager undergraduates firsthand experience of the workplace environment. Senate boasts an active alumni base of lawyers, physicians, educators, accountants, bankers, small business owners, journalists, artists, and law enforcement officials, all of whom are delighted to share their professional and life experiences with the active members of our campus community. From Wall Street to Main Street, from the boardroom to the schoolroom, Senate alumni strive to contribute to the MSU community every day.

In closing, allow us to extend to all members of the Montclair State community our warmest wishes for a productive, dynamic, challenging, and joyous academic year.

Fondly,

The Brothers and Alumni of Phi-Alfa-Psi Senate



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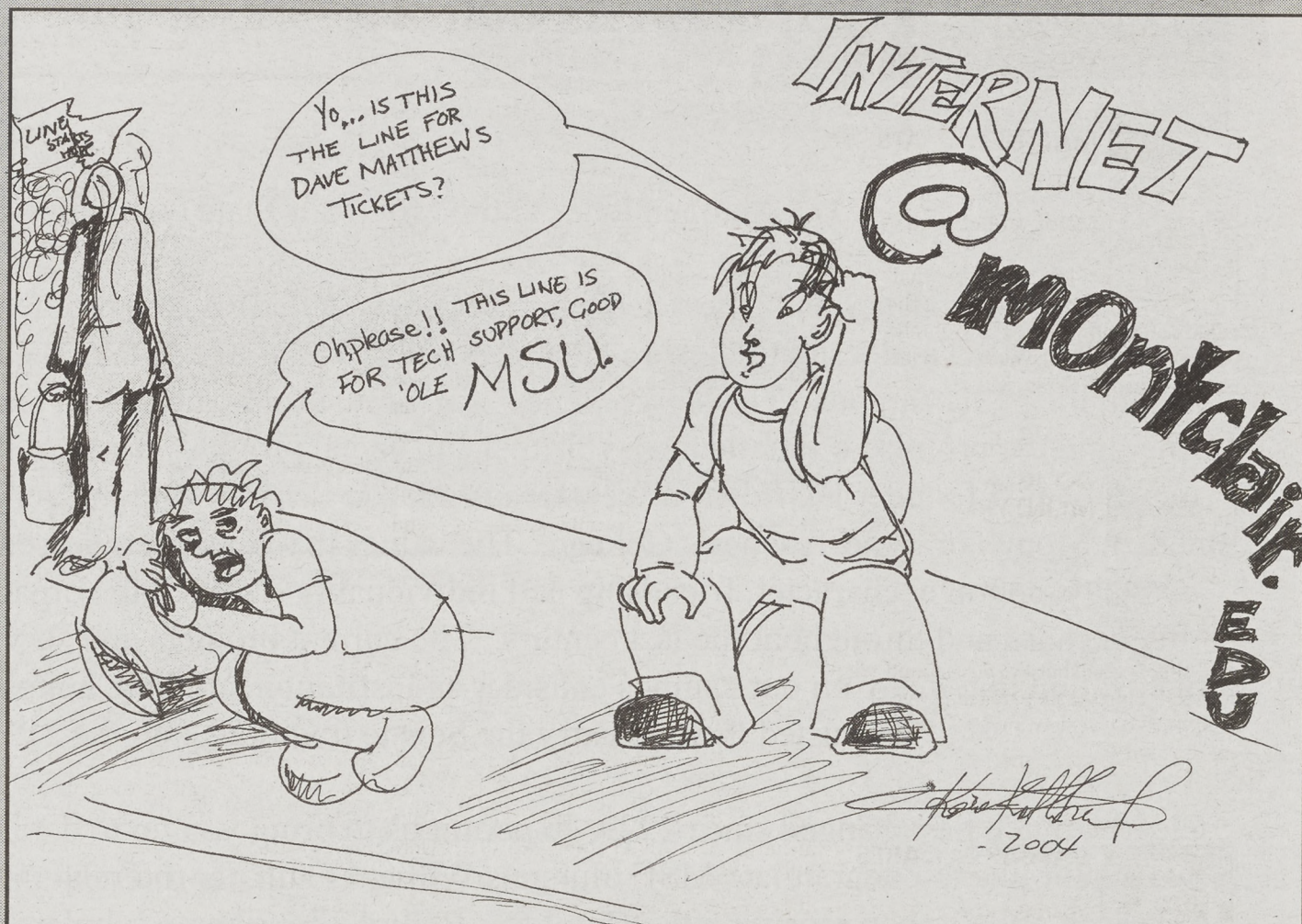
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A Lost Connection at MSU



Koren Frankfort | The Montclarion

The present generation is very fortunate to have been able to utilize the advances of technology. In the past two decades, the most important advancement may be the Internet. The Internet, an electronic super highway, can be seen and used in almost any setting. Whether young or old, many people are using the Internet on a daily basis. Some even wonder how we accomplished what we did without it. There is no question about it: this is an important breakthrough.

Students today especially benefit from the Internet. The time saved and the amount of information contained in an instant, is priceless. But for some students at MSU, this privilege is not attainable.

Since the first semester, many computers on campus have been out of service with no Internet connection. The reason the computers are down is because of the latest software upgrades. This seems to be taking too long according to many students.

The Internet Technology department issued a memo to students to inform them, but most of the students did not receive the memo. I guess they were expecting an e-mail.

The Internet is a very important tool in today's classrooms. Today on this campus, many professors use Blackboard.com. Blackboard is an electronic message board where professors

"Students today especially benefit from the internet. The time saved and the amount of information contained in an instant, is priceless."

post homework assignments, their syllabus, and announcements online. Many students cannot use this service with the problems with IT. And students cannot attain information for papers, studying and learning through Internet sites.

Yes, there are computer labs. But there is a better chance at getting into the White House than into one of those. The IT department says it is doing their best to fix the problems in a timely fashion, but students may consider looking through a book, and carving their papers in stone, this may be faster.

Position, Patience, and Power

With Poker's Popularity Boom, These Rules Make the Game as Simple As 1-2-3

Chris Moneymaker, Dutch Boyd, Scotty Nguyen, Phil Ivey. If these names sound familiar, then you are one of the millions of



NARPAT SINGH
COLUMNIST

fans out there to the newfound phenomenon known as Poker. Poker has taken the American public by storm, starting out as a small card game held every Friday night with a couple of wagers, and now evolved into a modern day sport where everything goes. Poker has taken off since its beginning. It has developed through the years, from many

backroom games to the present day casinos around the world. Its history is loaded with renowned places and characters. For example, throughout the Wild West period of United States history, a bar with a Poker table could be found in just about every town-

"...Poker is played more than any other card game in the world, and has surpassed its main competition of Blackjack."

ship from coast to coast.

Nowadays, Poker is carefully monitored by gambling laws, and saloons have given way to casinos. Nevertheless, Poker is played more than any other card game in the world, and has surpassed its main competition of Blackjack. Poker has grown into a sporting event, with competitions and tournaments all around the world.

Currently, the most popular style of Poker has to be "Texas Hold' Em". Below you will find a list of five great tips that will transcend you from an average player to an extraordinary player.

1. Position, Patience and Power

The three P's are the key to winning in Texas Hold'em. The most important decision you will make is choosing which hand to play. The biggest mistake a player makes is playing too many hands. Being aware of your position in relationship to the dealer is important in Texas Hold'em. So remember, play hard but smart, make sure you pick and choose which hands to play and which hands to sit back and observe the competition.

2. Pay Attention

When you are not involved in a hand, you should still pay attention to the game. You can gain valuable information about your oppo-

nents just by examining what hands they play. It's easy to determine the players who play suited cards or single aces by watching the hands they turn over at the end.

3. Bluffing

One element of poker is trickery. Bluffing is the typical trick in poker. Of course, the reasoning for a bluff is to trick the other players into thinking you have a superior hand when you truly do not. Some of the best times to bluff are as follows: when you have just won a hand and other players fear you, "when the flop isn't so great", when you're up against fairly stiff players, and on the river card. Just remember, "You can fool some of the people all the time, and all of the people some of the time, but you cannot fool all of the people all the time," as Abraham Lincoln said.

With Poker there is one thing to remember, "Luck comes and goes...Knowledge stays forever."

Narpat Singh, a chemistry major, is in his first year as a columnist for The Montclarion.

Question of The Week

What are your views about the food on campus?



MATTHEW KEATS

Year: Sophomore
Major: Undeclared

"I love the people that serve the food, but the quality of it and variety stinks lately. Freeman dining hall, you've been letting me down lately at dinner!"



DOUGLAS MCINTYRE

Year: Freshman
Major: Biology

"I've always found some food that is good, but I've often found food that didn't taste particularly good. Still, with the variety, finding food for me isn't hard."



BARBARA SOARES

Year: Freshman
Major: Biology

"The food on campus is okay, for lack of better words."



DEANNA RYDER

Year: Junior
Major: Psychology

"The food isn't well prepared at all. Last year they put raisins in everything. Pink chicken shouldn't be served and they seriously need a better variety."



JUDITH-FAITH WILLIAMS

Year: Senior
Major: Art/English

"I would appreciate a greater variety of healthy food choices."



BILAL ABADI

Year: Sophomore
Major: Biochemistry

"There isn't a variety enough for students to choose from. Food is unhealthy and most of the food is high in carbs and calories. The pizza sucks. We need more choices and better quality."



BRUNO LANFERNINI

Year: Sophomore
Major: Economics

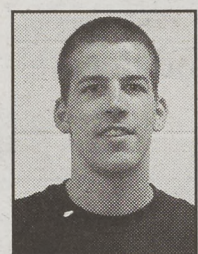
"Freeman is the best place to eat. The Student Center is alright but takes up too many swipes."

Question of the Week opinions are views expressed by the students of Montclair State University, and are not necessarily the views of The Montclarion.

Get Your Guns

Ban On Assault Weapons Expires

Just when you thought the world was getting a little safer, President Bush allowed the ban on assault weapons to expire. The ban allowed the assault weapon related crime rate to drop a drastic 65 percent. Assault weapons were out of the hands of drug dealers and kept the police safer. With crime on the rise, I would have thought our president would have thought it would be a wise and safe decision to renew the law. But when his friends in the gun lobby asked him to look the other way, he couldn't resist.



ERIK BURNKEYKO
OPINION EDITOR

The ban, which was created by Congress in 1994, banned all sales of newly manufactured semi-automatic guns to non-law enforcement or military individuals. The law was passed to keep these guns off the street and out of the hands of terrorists. This includes uzi's, AK-47's and TEC-9's. Before this act, thousands of deaths were committed due to assault weapons.

Since the ban expired, in some states, an 18-year-old will legally be able to purchase an AK-47. It will be possible to bring concealed TEC-9 assault pistols, loaded with 30 rounds of ammunition, into bars, churches, sports arenas, and even public schools or universities. Also, kids as young as 13 will be able to buy brand new American-made AK-47s at gun shows and through the classifieds.

I support our second amendment and I feel individuals with the right licenses and permits should, by all means, exercise their rights. But, for what purpose will an assault

weapon serve the average hunter or gun enthusiast? Do hunters normally hunt with assault weapons? Are deer becoming more aggressive and becoming immune to the average shotgun? Are rabbits working-out, making a shotgun act as a toy? I personally do not like to sort through bullets while eating a nice juicy piece of venison, but that's my opinion.

"...kids as young as 13, will be able to buy brand new American made AK-47's."

I think the only hunting possible with these weapons is hunting for cops or gang members. With the police dealing with dangerous situations already, do they really need to worry about looking down the barrel of an uzi on a daily basis? Criminals are always looking for more dangerous weapons and now have the luxury of possessing one either via the internet or from someone who has legally purchased one.

I know this is a fast world and time is money. There are things to do and people to see, but are we that impatient that we need to fire 50 rounds per second? What will be next...legalizing grenades to go squirrel hunting? Bush is making the job of violence easier and the job of police harder.

Erik Burneyko, an education major, is in his first year as Opinion Editor for The Montclarion.

Statistic of the Week

47

Number of days

until the

2004

Presidential Elections.

Constructing a Disturbance

The Cost of Erecting a Better Campus Is an Inconvenience to Students Here Now

So, the more I look at our school, the more I realize how decorative it continually gets. Initially, I was overwhelmed by the major changes that have taken place since my freshman year, and I think about how nice the school will look over the next few years. The fascinating thing with the direction of the University is that a lot of structural changes have been done, but how have they improved the life for students? Well, the school has added new parking garages, that we have to pay city-like prices for, but when I go to other universities the parking (even for visitors) has always been free. The school continues to put up more and more academic buildings, theaters, and childcare centers and has improved the quality of some older building on campus but why did they do this during finals last year? Why didn't they work near lot 28 over the summer and the buildings then? Was it cheaper or do they just not care? Also, on this topic there is no need talk about their negligence maintaining the dorms, that is quite obvious by itself.

Whether it is parking problems (price issues, no availability, or outrageous amounts of tickets) or noise, both are hurting the quality of life for every student at Montclair State

University. College is supposed to be the greatest years of our lives, even though the school seems to make it more of an industry than a stepping stone in people's lives. In theory it is a great idea to make the campus look nice with elaborately designed buildings, but never when it damages the value of our education or college experience. People have been talking about how parking tickets have gone up over the years and it is true, amount of tickets given out have taken massive jumps over the past few years and it has almost become a joke. On a few occasions I know I have received a ticket for no apparent reason (parking in a commute lot, when I was a commuter with their yellow hang tag) and whenever a students attempts to fight these tickets they are told they could appeal. What does that mean? Basically, nothing. You have to pay and are shoved the run-around and the only person who will talk to you is the secretary at the desk who only utters outlandish circular logic. This is not necessarily her fault, she is just doing what

"In theory it is a great idea to make the campus look nice with elaborately designed buildings, but never when it damages the value of...our college experience."

she is told to. The problem is someone at the top actually designs this system of ignoring the students and that is unacceptable.

The administration could try to make the school look as magnificent as possible, but until they help the students there will be no school spirit or morale in any way. The more this continues, the more the school remains a greedy business and not a place to educate and concern young adults with what is going on in the world around us, or even a place to try and experience new things, people, and concepts. On a side note, the school has made a great decision in The Village--that being, naming their police headquarters *Abbott and Costello* center. Hey, I am not saying one bad word, you could use your common sense for that.

Joe Vitale, an psychology major, is in his first year as a columnist for The Montclarion.

Joe Vitale, an psychology major, is in his first year as a columnist for The Montclarion.

Take All Issues Into Consideration

A Deeper Look Into the Facts of the Candidates Before Voting

When I first started reading the article "The Young and the Powerful Voter" in Vol. 84, Issue 1, I began reading a message to today's youth, telling them about the importance of voting. Unfortunately, midway through the second column, it turned into pure liberal propaganda.

ANTHONY MENNOTI
COLUMNIST

Personally, I am not affiliated with any political party, but recently I've become sick of so many people speaking politically without having any facts to back up what they're saying. Bush is a warmonger, Kerry is a flip-flopper. What does this prove? The statements I'm about to make aren't related to my opinions on these issues; they are observations I have recently made.

In response to the "points" made in the article, you cannot find a single instance of anyone's civil liberties being violated as a result of the Patriot Act. The act allows different branches of law enforcement to share information they previously couldn't.

Bush is not creating new enemies for the USA; terrorism existed long before he was President. We have done more for other nations than they could ever possibly pay us back for. Now they want to boss us around.

Bush's tax cuts benefit taxpayers. This includes a per-child tax credit and an eventual lowering of the income tax percentages. People on welfare are supported by other

"There are many issues you need to take into consideration before you decide to vote. Focus on the positive things either candidate has done and decide from there."

people's tax dollars. You can't cut a tax that doesn't exist. Following suit, it's logical that those who pay the most get the biggest rebate. There's a word used to describe people who believe that the wealthy should be taxed more to support everyone else — Socialists. Take it a step further and you have Communism, where it doesn't matter whether you're a neurosurgeon or a janitor, you're still paid the same.

As for abortion, Bush has the common Republican view on the topic. This shouldn't surprise anyone. He hasn't denied the gay community anything. His proposed amendment isn't anywhere near passed, and no American has ever had the right to marry a member of his or her own sex.

The laws haven't changed, but some judges have chosen to interpret them loosely. Bush has been the only President to publicly fund Stem Cell research. He hasn't given scientists totally free reign, but this is still a heavily debated issue. You're bound to see public opinion and legislation sway back and forth on this for years to come.

After we were attacked, Bush made a very simple statement. He said we were going to get those responsible, and that's what we've

been doing. Our armed forces have been fighting overseas in order to give the people who live there the opportunity to experience the freedom we often take for granted. This is not a war for oil. We are allied with the Saudis because of a common enemy. No one can honestly say the world was a better place with Saddam Hussein in power. The United Nations doesn't always have the correct answer, and we have the good sense to tell them when they're wrong. And for the record, talk of reinstating the draft is nothing but rumor.

There are many issues you need to take into consideration before you decide who deserves your vote. Focus on the positive things either candidate has done and decide from there. Read as much as you can, from all sides. Look for valid points from people you disagree with. Be able to explain why you believe what you do instead of just talking louder than everyone else. This is your chance - don't blow it.

Anthony Mennoti, an industrial design major, is in his first year as a columnist for The Montclarion.



Wanted: Writers and an Assistant

Let Your Voice Be Heard!
Write for the Opinion Section!

montopinion@yahoo.com

The Montclarion Mailbag Policy

• All letters must be typed, preferably on disk (text only format) or via e-mail. • Letters exceeding 350 words will not be considered for publication. • Once received, letters are property of The Montclarion and may be edited for length, content and libel. • Letters will not be printed unless they include the author's name, major, last four digits of SSN and phone number or e-mail address. • Only one letter by an author will be printed each month. • Submission deadline: **Monday, 10:00 p.m.** • Letters may be submitted through e-mail to MontOpinion@yahoo.com or sent to The Montclarion - Attn: Opinion Page Editor, Montclair State University, 113 Student Center Annex, Upper Montclair, NJ 07043.

Montclarion Mailbag

Dear Montclarion,

I am a new student at MSU and really enjoy the campus so far and only have one complaint. I was hoping to use the college gym to work out. Unfortunately, the Panzer gym is closed during the time I arrive to the campus and therefore I cannot use it.

I then found out I could use the lesser-known "Field House". The Field House is an extremely under-maintained gym with many machines that do not work and a few dumbbells that are so old that they have cracked in half!

I was not expecting a world-class gym, but I was expecting a full set of dumbbells, in good shape and a few machines in working condition.

I've paid a facilities fee of about \$120, so I know I paid my share! With the equipment being in such bad shape, I am afraid someone might use it and get hurt. If they do, they will probably sue the school, which will cost more than just replacing the equipment.

Strangely, the Field House did have TWO large sauna machines in the locker rooms. If you can manage to burn a sweat, they might work.

John Vlachos

Do you have
something
important
to say?

Let us know by

submitting

a letter

to the

Montclarion

Mailbag

*There
is
hope*



*There is
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of America*



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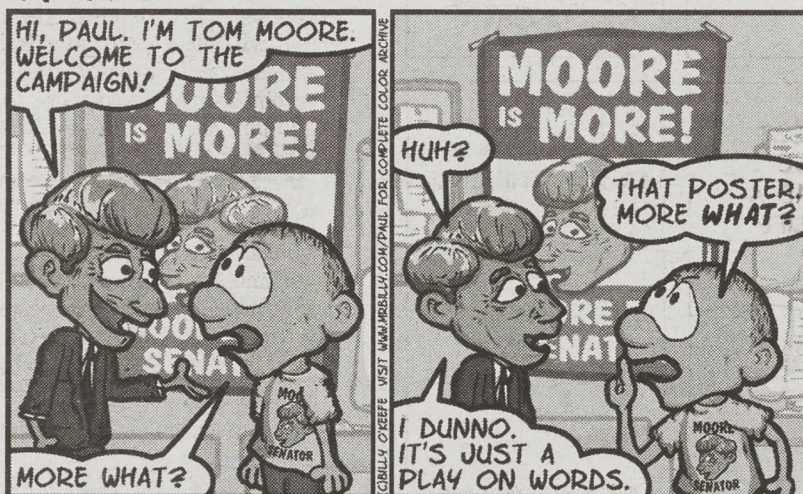


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PAUL



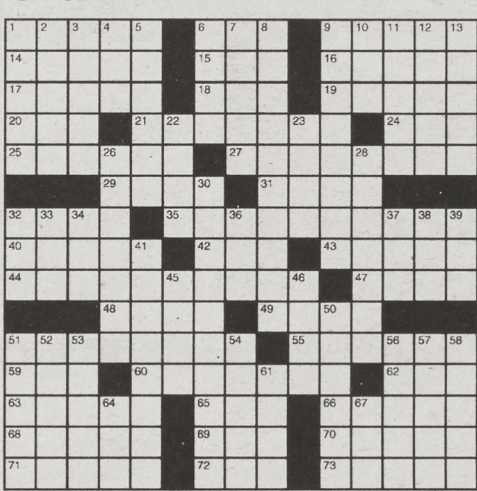
BY BILLY O'KEEFE

WWW.MRBILLY.COM



Crossword

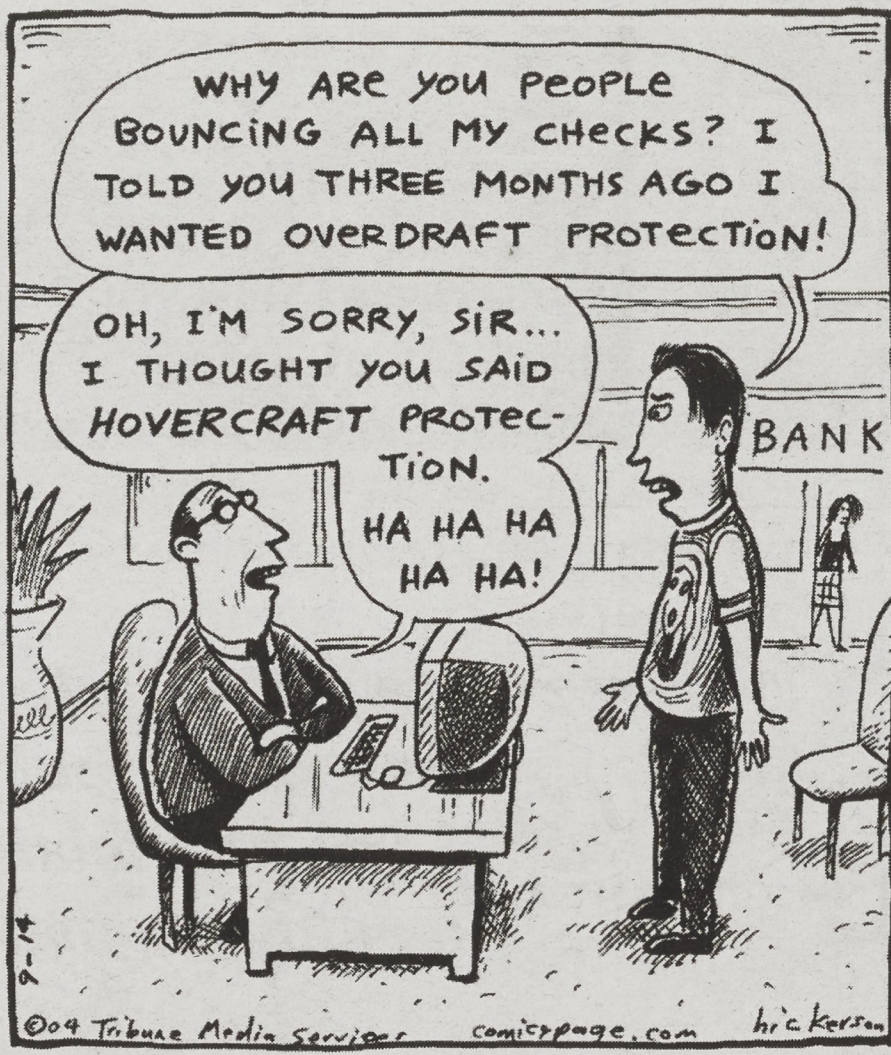
- ACROSS**
- Walk proudly
 - Exasperate
 - Propelled a raft
 - Funny Chevy
 - Bering or Ross
 - Asinine
 - Kidney related
 - "King" Cole
 - Dutch cheese
 - Peculiar
 - Chinese fruits
 - Gadgeteer
 - Popeil
 - Moonlighter's other work
 - Metal cutters
 - Part of CPU
 - Check
 - Cribbage markers
 - "Separate Tables" star
 - Racetrack tipsters
 - Soak up rays
 - Climb
 - Non-ordinary particles
 - Wield needles
 - Phone message
 - Unspecified amount
 - Tender touches
 - Ms. Streisand
 - Regret
 - Most torrid
 - Lip
 - Man from
 - Tehran
 - Helping hand
 - Armistice
 - Conductor's stick
 - Carou or Berman
 - Gone from the plate
 - Casual coinages
 - NASA's ISS partner
 - Molts
- DOWN**
- Young haddock
 - Actress Bara
 - Newman or Travis
 - Made in the
 - Inform against
 - Money everything!
 - Stick 'em up!
 - Cornell and Hepburn
 - Footballs
 - Lennon's widow
 - Classic Tierney film
 - Provide with funds
 - College VIPs
 - Latin "ditto"
 - Frosted
 - Fairness
 - Stuffed laugh
 - Snitch
 - Sch. group
 - Very long period
 - Paunch
 - Large tub
 - Mover's vehicle
 - Lilly or Wallach
 - After expenses
 - Breaking to bits
 - As well
 - Steals
 - Dull finishes
 - Baby beds
 - Of hearing
 - "Giant" ranch
 - Pens
 - Entirely physical
 - Sieved into pellets
 - Prayer endings
 - Writer O'Brien
 - sequitur
 - Cheerleader's yell



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09/20/04

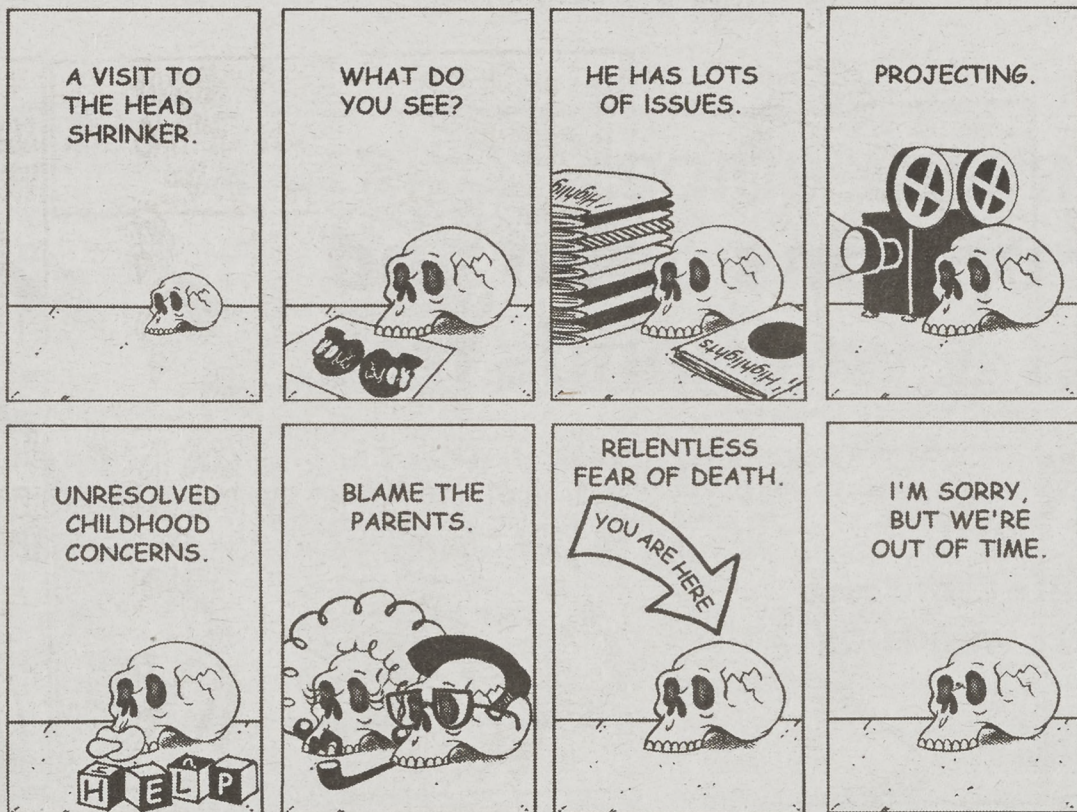
Solutions



THE ADVENTURES OF SKULY

BY WILLIAM MORTON ©MM

SKULY GOES TO THERAPY

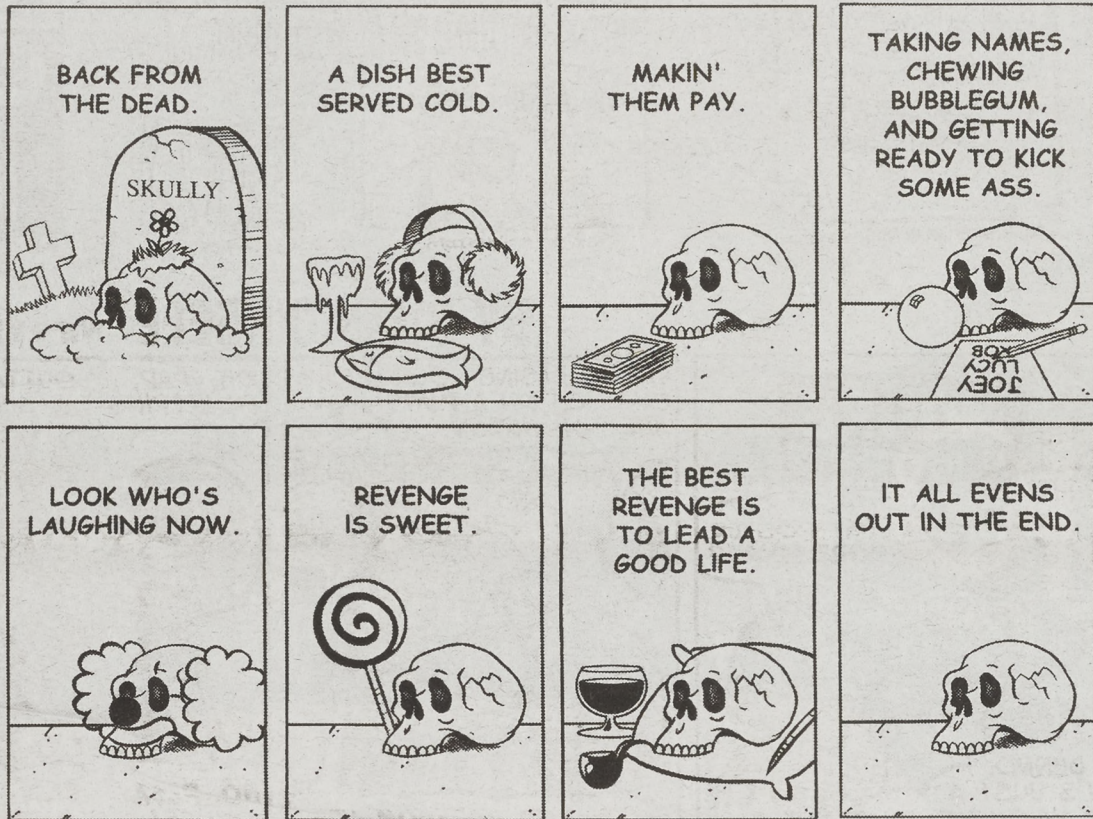


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THE ADVENTURES OF SKULY

BY WILLIAM MORTON ©MM

SKULY'S REVENGE



www.mortco.azit.com #91

SLIMBONE



Are you an artist or cartoonist? Send your cartoons to The Montclarion! Email: montmanaging@yahoo.com

Taurus

(April 20 - May 20)

Jealousy impresses no one. Put yourself together and control your emotions. Crazy outbursts are giving you a bad reputation so cut it out. In the future you'll look back on this and wonder why you even went to such extremes.

Gemini

(May 21 - June 20)

The near future bears many good tidings your way. Be warned, at first it will be overwhelming but knowing you, you'll get used to it quickly. Enjoy your precious treasures while you have them.

Cancer

(June 21 - July 21)

Starting up the old fires can be a bit challenging, but you know it'll be all worth it in the end. Don't be discouraged if your first attempts fall through, they'll come around in due time if you invest your time properly.

Leo

(July 22 - August 21)

Finally an attractive classmate has caught your eye. Play it cool and don't stare so long or you'll get caught. Find a creative way to show off your talents but don't over do it. Give it some time and soon they'll be the ones taking notice of you.

Virgo

(August 22 - September 21)

Focus on buying your textbooks instead of a bunch of junk. Your spending habits are atrocious and are leaving you penniless. Remember to first buy what you NEED first, then buy what you want. If you really want it, it can wait.

Libra

(September 22 - October 22)

Now is a good time to start setting goals for yourself. It's a step in the right direction and will play a crucial role in your future endeavors. This early start will help you accomplish so much more than your peers and put you way ahead of the game.

Scorpio

(October 23 - November 21)

People can't get over how great you look this semester. Your presence has really caused a stir and gotten the attention of that certain someone you've been interested in. Continue to wow them with your awesome looks, but be wary: copycats lurk nearby.

Sagittarius

(November 22 - December 20)

Friendships can grow apart for several reasons but they don't have to. People are making an effort to stick around but you're not. Take time to catch up with them before the damage is too much to repair.

Capricorn

(December 21 - January 19)

It's hard to gamble when the stakes are high but the mess you're in calls for some serious help. Your chances are slim to none but since there's not really much else you can do, you might as well take a chance and hope for the best.

Aquarius

(January 20 - February 17)

Have you been a little tight on cash lately? Ask around and you're bound to find some odd jobs here and there that can help score you some quick green. Don't forget to try and manage the little money you have now wisely until something comes up.

Pisces

(February 18 - March 19)

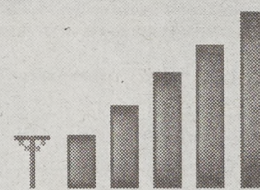
The semester has just begun and already you're stressing out. Take it easy, and give yourself some breathing room. Don't worry, there's bound to be someone to help you study in class.

Aries

(March 20 - April 19)

You always tend to keep to yourself, but no more. The attitude has got to change because it will get you nowhere. It's time to make new friends and enjoy your youthfulness. It maybe a little scary at first but you'll get the hang of it.

COLLEGE SURVIVAL GUIDE: Keep your options open and your nights & weekends free.



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EAST HANOVER 320 Rt. 10 W. 973 884-2222	MENLO PARK 100 MENLO PARK 732 635-1501	ROCKAWAY TOWNSQUARE MALL 301 Mount Hope Avenue 973 442-7526	MANHATTAN/125TH STREET 125th St. & Lenox Ave. 212 987-0047	MANHATTAN/86TH ST. 86th St btwn 2nd/3rd Ave 212 734-7550	MANHATTAN/LEXINGTON AVE 425 Lex bet. E.43rd&44th 212 867-0806	NEW NANUET MALL 75 W ROUTE 59 845 624-5910
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Child Care Wanted

Childcare afterschool and some mornings in Montclair. Energetic, fun, intelligent babysitter with car needed for our delightful 10 year old daughter. Help with homework, bring her to activities. (973) 746-2122

Childcare needed. Montclair area. We have 3 children ages 9, 7 + 5. We are looking for someone 3 - 5 days a week from 3pm to 7 pm. Transportation a plus/drivers license required. Please call 973-509-6999

After school childcare for 9 year old boy. Monday, Tues. Friday 3:30-7:00. \$10 per hour. Must have car. Call Kathleen 973-615-1688

Babysitter/Nanny needed for November during the daytime for three days a week. Must have experience caring for an infant. CPR a plus. Opportunity in Hoboken/Weehawken area. \$10-\$12/hour. 201-770-1533. Ask for Bonnie.

Need P/T help with kids. M-F 3-6pm must have car & ref. Call Beth (201) 264-6134

Montclair family seeking babysitter for baby for two mornings per week. Auto required and some experience. Call Jackie 973-655-8884.

CHILDCARE / MONTCLAIR / PT, 2-6 pm for terrific 11 yr-old boy. Must drive. Extra hours available. Great job with smart, friendly child; really nice family. Lots of after-school activities; homework supervision. Excellent references required. call eves. 973-783-7416

Tutor/Childcare in Montclair - Immediate opening. Looking for a responsible tutor/homework helper/childcare for my 2 children: ages 9 and 11 in my Montclair home. Drivers license and car necessary. Work approximately 20 hours a week. Excellent pay, child education/teaching major a plus. Patty (973) 809-5320

Nanny needed for 3 yr. old boy. Wednesdays 9am-6pm. Must drive. Pls call 973-571-0323

Babysitter needed in Montclair home approx. 2:30-5:30. Car and references necessary. Call 973-783-5966.

Babysitter needed weekday mornings or afternoons for friendly 2-1/2 year old baby girl toddler just minutes from campus. Recent babysitting experience or Early Childhood Ed majors preferred. Call 973-256-0882.

Afternoon childcare for 10 year old boy in Upper Montclair. 15-20 hours a week. Car req'd. Call Cathy at 973-746-0194 or 914-263-3355.

Childcare-afterschool for three children ages 15, 11 and 8 in Montclair home. Monday-Friday 3:30-6pm. Must have own vehicle. Call 973-509-9644 or 973-641-3490

Help Wanted

NOW HIRING! THE FRENCH HILL INN. www.TheFrenchHillInn.com Busy three star casual dining restaurant seeks high energy, bright, personable employees to join our outstanding team! Flexible schedules. Good Money. 973-696-9440

The Montclair Kimberley Academy is looking for a swim instructor/life-guard. Persons must be responsible, and have previous experience. Fall Session October thru mid-November. Monday-Friday (preferred) 3:15-5:15 p.m. \$10.00-\$15.00 per hour. Call Extended Day (973) 509-4872

The Montclair Kimberley Academy is looking for an afterschool assistant. Must be a reliable, responsible and energetic individual who enjoys working with children ages 4-13. Monday-Friday (preferred) 2:00-5:30p.m. \$8.00-\$10.00 per hour. Call Extended Day (973) 509-4872

Models. Women 18 and older for outdoor test shoot. Tasteful Nudity. Will exchange pictures for modeling. No experience necessary. (973) 365-4054

Miscellaneous

Spring Break 2005. Travel with STS, America's #1 Student Tour Operator to Jamaica, Cancun, Acapulco, Bahamas and Florida. Now hiring on-campus reps. Call for discounts. Information/Reservations 1-8--648-4849. www.ststravel.com

Rent

Free Private Room. 10 hours of childcare/week (non-smoking females only) MUST be available 2:45 - 4:00 p.m. M-F! (other hours are negotiable) Call 973-744-5914. Available for September

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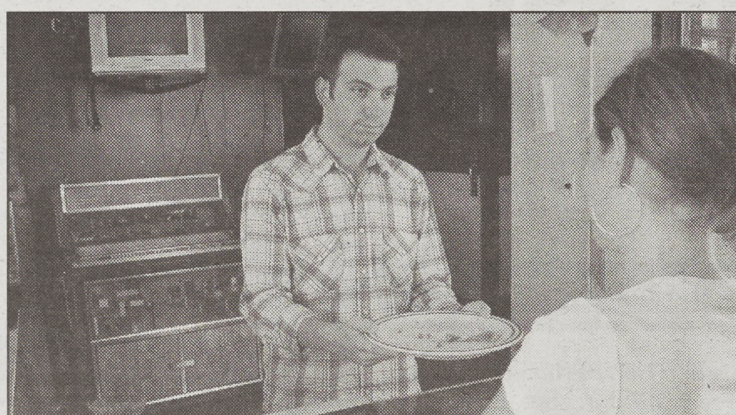
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Must be outgoing, personable, and
enthusiastic!

Call Jeff ASAP - filling
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973-275-1188

College student tries to return uneaten food for partial refund



Andy Pernsteiner, above, cautiously approaches counter with chicken bone and a few peas.

By POLLY BROWN

Checking his dignity at the cash register, college student Andy Pernsteiner recently presented a local diner cashier with a plate of picked-over food, demanding money for the vittles he didn't ingest. The cashier—who wishes to remain anonymous—was flabbergasted by the whole incident. "It was both sick and sad at the same time," she said. Pernsteiner had a different take: "I didn't eat the bone, so why should I pay for it?" Pete Woychick—a childhood friend of Pernsteiner's—said it was monthly fees tacked on to his friend's checking account that drove him to the shameless act. "Andy has been pounded for

months by fees on his checking account. He's pathetic. I never really liked him when we were kids either." Woychick—who says he personally was financially saved by Washington Mutual's Free Checking Deluxe—thought his childhood friend needed to get his act together and visit a Washington Mutual Financial Center or go to wamu.com. Then he, too, could sign up for Free Checking—an account with optional Deluxe services like free online bill pay. "Until Andy decides to get Free Checking," said Woychick, "I'm never eating out with him again. I'm pretty sure I won't return his phone calls either. I might even change my name."

"I didn't eat the bone, so why should I pay for it?"

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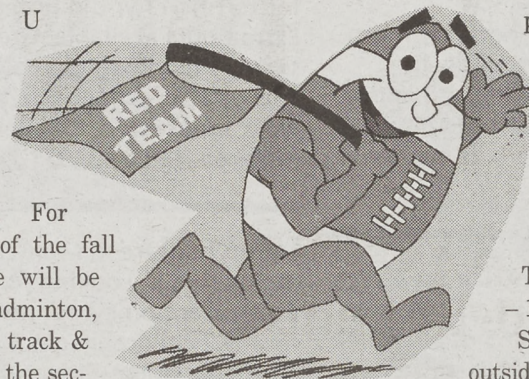
Intramural Update

Debbie Jones
Staff Writer

M S U

Intramurals was kicked off with an Entry Meeting on Wednesday, September 8. For the first half of the fall semester, there will be flag football, badminton, wiffle ball, and track & field. Hosted in the second half of the fall semester will be volleyball, bowling and ultimate frisbee. The entry meeting of the latter sports will be Wednesday, Oct 6.

Currently, a total of 15 flag football teams and 14 badminton teams are participating.



Wiffleball and track and field will have an extended entry to increase the volume of participants.

Intramural events will be held Sunday through Thursday from 7 p.m. – 11 p.m.

Scheduling will be posted outside the Campus Recreation offices and will be available online. Games will begin Sunday, Sept. 19 at 7 p.m.

Red Hawk Tidbits

The Last Red Hawk National Championship was in 2000 by the baseball team. They were 42-7 with a 17-1 conference record.

Say Bye-Bye to the Freshmen Fifteen

Jose Ortiz
Sports Editor

On September 2, over 1,000 freshmen began school at MSU, embarking on a brand new journey. Many of them left their homes for the first time, and when they return they will be bringing a lot of things with them. Hopefully an education, new experiences, friends, and good times will be among these things. Many of these freshmen, however, will bring some unwanted "weight" back home as well.

In a study released last year of 60 first-semester college students, Cornell University professor David Levitsky and his colleagues found that, on average, the students gained about 4.2 pounds during their first 12 weeks of school.

Montclair State senior, Jessica Mojkowski says that she fell victim to the dreaded freshman 15. "I gained the weight by eating the cafeteria food, anything with flavor." Those of you who live on campus and dine in all-you-can-eat cafeterias like Russ or Blanton might know what she is talking about.

John Barone, a nutritionist, and MSU alumnus says that staying away from the freshmen 15 is quite simple.

The first step is not skipping breakfast. Often, students miss breakfast because they either don't wake up early enough, or they don't have the time or the money. Whatever the reason, skipping the first meal of the day is not smart. This is because your body is constantly burning calories throughout the day, and if you skip breakfast you will be so hungry that you stuff yourself late at night. This will, of course, be followed by going to sleep, and no burning of calories. If you take in more calories than you burn, you will gain weight.

Barone also says that snack foods like chips and cookies will give you what he calls

"bad carbohydrates." Bad carbs are in all processed foods or junk food. Good carbs are in fruits veggies, pastas, and rice. So instead of eating a bag of Lays, eat an apple or an orange.

The next step Barone says will help keep the pudge off, is to stay as far away from fast food as possible. Foods that are deep-fried are not good anyway

all the time, your body won't get all of the different vitamins and nutrients that a varied and balanced diet brings.

If you have trouble getting started on healthy foods because you aren't sure what to eat, Barone says to shop at Whole Foods, instead of Pathmark, or whatever other supermarket you go to. "Just by walk-

ing of protein and carbohydrates. Sushi is available in the second floor of the Student Center cafeteria.

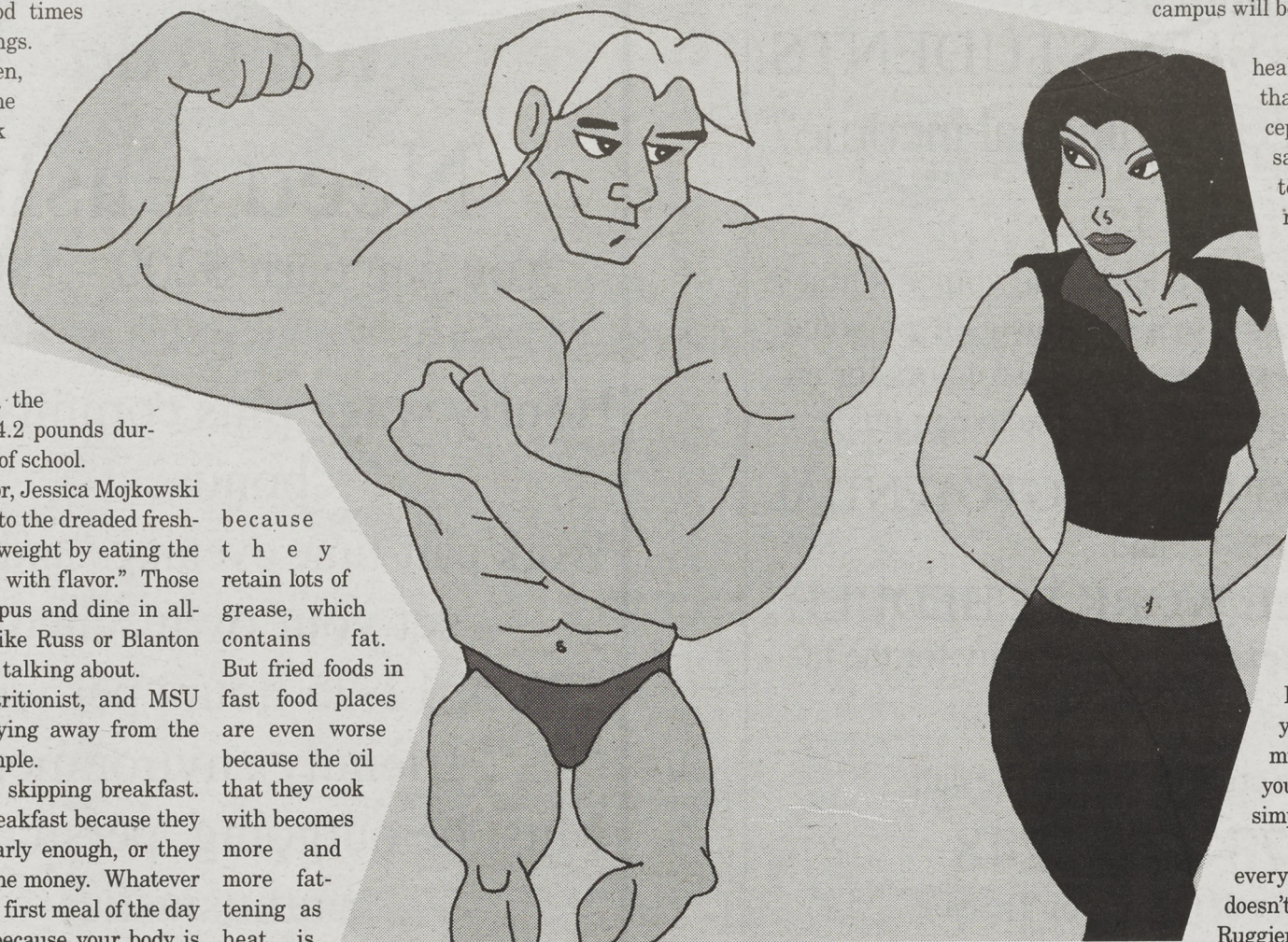
Wraps and sandwiches are readily available all over campus and can be made healthy without taking the bread away. If you just eat leaner meats such as turkey, or ham, and eliminate bologna, salami, cheese, mayo, and the side of chips, any sandwich or wrap on campus will be healthy.

Of course salads are a healthy option, but Ruggieri says that there is a common misconception associated with eating salads. Dressing can be fattening. Eat light, low calorie dressings. The Student Center has these dressings, you just have to ask for them.

You don't have to hit the gym everyday, if ever. Just don't sit on your butt all day and cry about being overweight. Walk to class, don't take the shuttle, take the stairs not the elevator, and watch those pounds fall off. Instead of sitting on instant messenger all day, go outside and throw a Frisbee around. Basically if you just eat, even if it's not so much, and you aren't active, you will gain weight - it's that simple.

The final tip is to eat everything in moderation. It doesn't matter if it's all low fat, Ruggieri says, "even if something is low in fat, that means it's high in something else." Both Barone, and Ruggieri agree that eating small portions of food several times in a day is better than eating large amounts in just two or three sittings.

Dieting and losing weight is tough. But why not take pride in the most tangible representation of you, your body. Eat right, stay active, lose weight.



because they retain lots of grease, which contains fat. But fried foods in fast food places are even worse because the oil that they cook with becomes more and more fattening as heat is applied.

Since the cooking grease at McDonalds is always hot, it will always be fattening.

Drink fruit juices, not soda. Barone says, "Carbonated drinks like Coke and Sprite contain hidden calories, if you keep drinking them, it will add up to some pounds."

Eating a variety of food is a big component to a healthy diet. If you eat the same things

ing through the whole food store you can get an idea of what's healthy, because they will have healthier food for you than most other shopping marts."

Lou Ruggieri, a personal trainer, and MSU senior says that there are foods on campus that are healthy. Sushi is all natural, low in fat, and contains a good amount

GET INVOLVED!

Become a volunteer at the Drop-In Center at Montclair State University.

The Drop-In Center is currently seeking volunteers for its Fall training sessions. Please stop by the little cottage between Richardson Hall and the Student Center to complete an application, or call 973-655-5271 for more information.

The Drop-In Center is a completely student-run and student-staffed facility that provides information and referral services. It has been serving the campus community for over 30 years. We invite students of all ages and majors to attend our training sessions to become peer counselors and/or peer educators. Get Involved!

Training Dates:

Sunday, September 26th

(Peer counselors)

Saturday, October 9th

(Peer counselors and educators)

Sunday October 10th

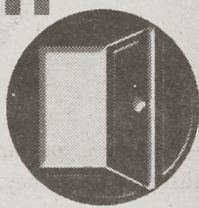
(Peer counselors)

Training from 9 am to 5 pm all three days. Breakfast and lunch will be served.

Peer counselors must attend all three sessions.

Peer educators must attend only the October 9th session.

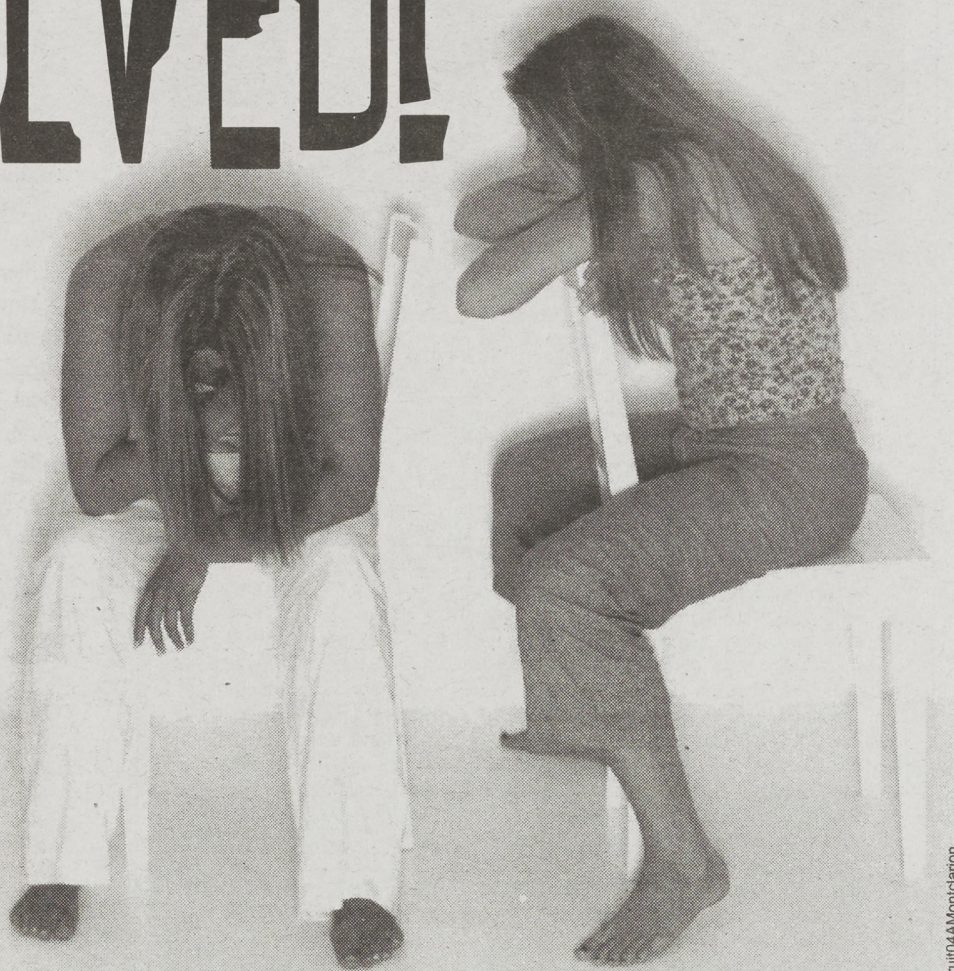
The Drop-In Center



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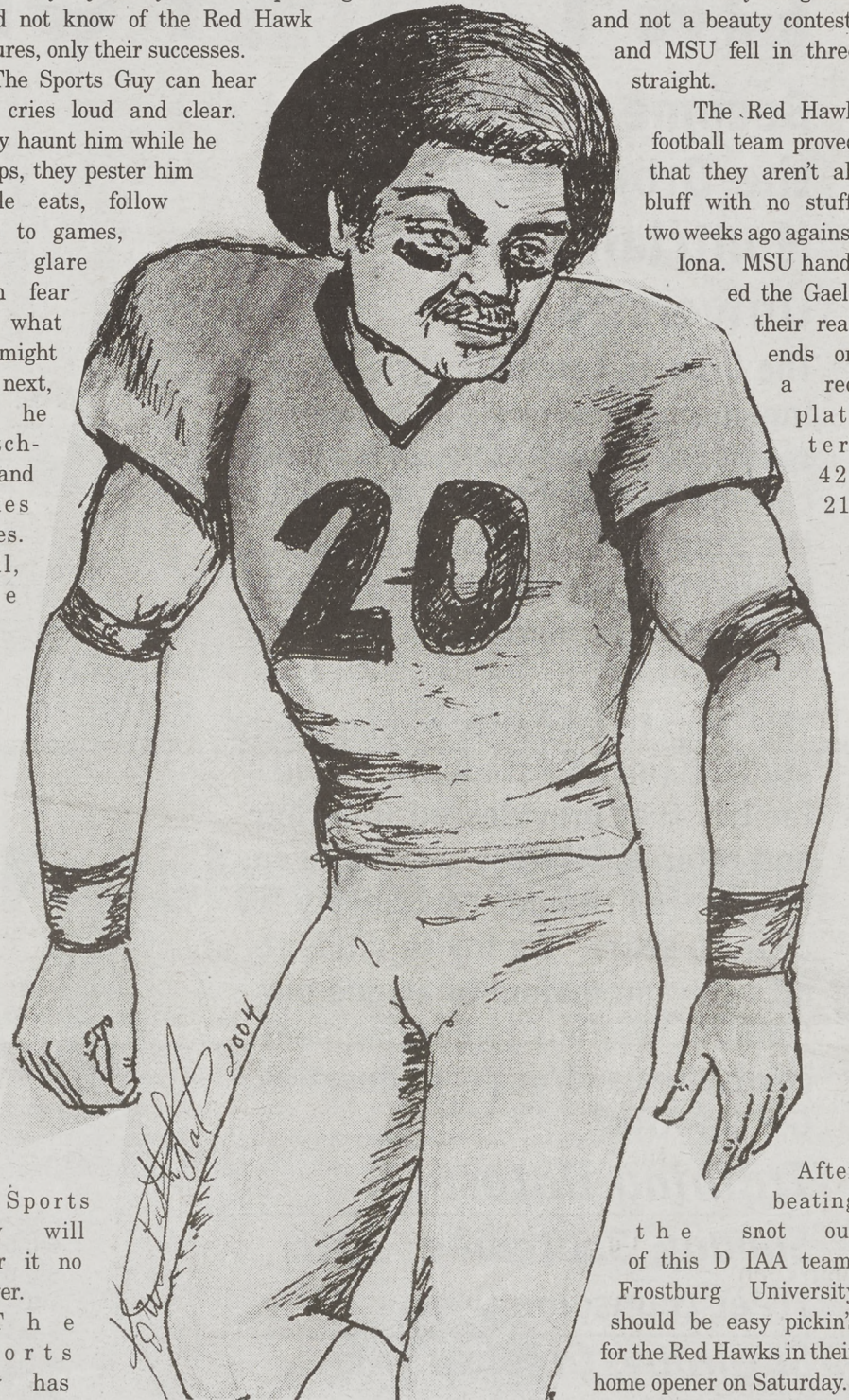
A Trip Around Red Hawk Country

Sports Guy, oh Sports Guy, where for art thou Sports Guy? Deny thy morals, and refuse thy objectivity. For the sportlings need not know of the Red Hawk failures, only their successes.

The Sports Guy can hear the cries loud and clear. They haunt him while he sleeps, they pester him while eats, follow him to games, and glare with fear of what he might say next, as he watches, and takes notes. Well, The

Scarlet Knights looked like something from a Stephen King novel: big, tall and ugly. But of course it was a volleyball game, and not a beauty contest, and MSU fell in three straight.

The Red Hawk football team proved that they aren't all bluff with no stuff, two weeks ago against Iona. MSU handed the Gaels their rear ends on a red platter, 42-21.



Sports Guy will hear it no longer.

The Sports Guy has an urgent message for

Coach Sentowski and the Men's Soccer team from the rest of the NJAC. Would you please stop winning? The Red Hawks, currently sitting in third place, are one of four remaining teams in the NJAC with an undefeated record. The men's soccer team is 14-1-1 at home dating back to the beginning of last season. Trust The Sports Guy when he says that no one wants to see MSU at Pittser Field. To do so would be like trying to have more former boy-toys than J-Lo or trying to beat George W. Bush in a stupidity contest. You just can't win.

This Saturday the Red Hawks will host TCNJ at Pittser Field, both teams will come in undefeated, and only one will leave that way. The Sport Guy says The Red Hawks will win, and set the tone for the rest of the season. Last season the men's soccer team put themselves on the map, this year The Sports Guy says Ryan Morgan, Sean Horan, Mike Hogan and company will be conference champs.

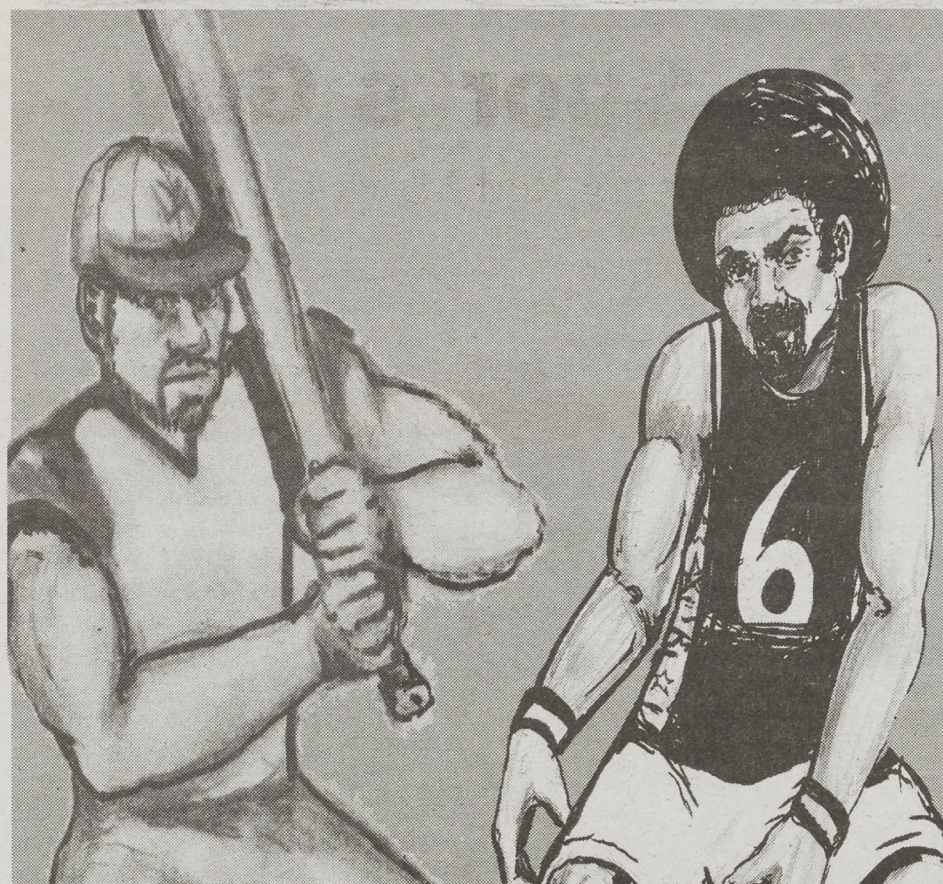
The Red Hawk Volleyball team has been on a bit of a tear...downward. They've lost the last four games, and they came into Tuesday's game in fourth place hosting the defending NJAC champs, Rutgers-Newark. The Sports Guy says if it were a battle of looks, the Red Hawks would have blown the Scarlet Raiders right out of Panzer. The lady

After beating the snot out of this D IAA team, Frostburg University should be easy pickin's for the Red Hawks in their home opener on Saturday.

Much to the surprise of The Sports Guy, the women's soccer team is still winless three games into the season. The Sports Guy knows that it's a long season, and that they haven't even played any conference games, but The Sports Guy thinks that there may be some cause for alarm. They were just one goal away from being conference champions last season, so the sportlings can only hope that the lovely ladies of the soccer team can turn it around.

The field hockey team has begun the season undefeated at 5-0. Is it just The Sports Guy, or is Beth Gottung a great coach? First she leads last year's field hockey team to their best season in school history, winning the conference. As if that wasn't enough, she takes the women's lacrosse team to the conference championship game. Now after losing two All-Americans, one all region goalie, and Sarah "The Tiny Terror" Levine, she has the field hockey team with a better record than they had at this same time last season! The Sports Guy wants to know, what is going on in Red Hawk country? National championship? Stay tuned.

Well, the new season is still young, and unfolding right before our eyes. With so many surprises yet to come, The Sports Guy is left feeling like a school-girl who just got a big box of mystery chocolates for Valentine's Day. Till next time, this is The Sports Guy.



SPORTS TRIVIA QUESTION

Name the only pitcher in the Hall of Fame with a career losing record.

LAST WEEK'S QUESTION

Name the MLB first basemen with the highest career fielding percentage.

ANSWER TO LAST WEEK'S QUESTION

Don Mattingly holds the career record for best fielding percentage among first basemen with a .996 mark from 1982 - 1995.

Football

	NJAC	Overall		NJAC	Overall
TCNJ	1-0	1-0	Ramapo	0-0	5-0-0
Western Conn	0-0	2-0	TCNJ	0-0	5-0-0
MSU	0-0	1-0	MSU	0-0	3-0-1
Kean	0-0	1-1	Rutgers-Camden	0-0	3-0-1
Rowan	0-0	1-1	Rowan	0-0	4-1-0
William Paterson	0-0	0-1	Kean	0-0	4-1-1
SUNY Cortland	0-1	0-2	Richard Stockton	0-0	3-2-0
			Rutgers-Newark	0-0	2-3-0
			William Paterson	0-0	0-5-0

This Week

Saturday vs. Frostburg St.	1pm	Saturday vs TCNJ	2 p.m.
		Monday vs St. Thomas Aquinass	7 p.m.
		Wednesday @ William Paterson	7 p.m.

Last Week's Results

9/11 - BYE WEEK

Men's Soccer

This Week

Saturday vs TCNJ	2 p.m.
Monday vs St. Thomas Aquinass	7 p.m.
Wednesday @ William Paterson	7 p.m.

Last Week's Results

9/11 — MSU 3, Johnson & Wales 1

Field Hockey

	NJAC	Overall		NJAC	Overall
MSU	0-0	4-0	Rutgers-Camden	0-0-0	4-0-0
Rowan	0-0	2-0	Rutgers-Newark	0-0-0	3-0-1
Ramapo	0-0	2-1	Rowan	0-0-0	3-1-0
William Paterson	0-0	2-1	TCNJ	0-0-0	3-1-1
Kean	0-0	2-2	William Paterson	0-0-0	3-1-1
Richard Stockton	0-0	2-2	Ramapo	0-0-0	3-2-0
TCNJ	0-0	2-2	Kean	0-0-0	2-1-0
			Richard Stockton	0-0-0	2-2-0
			MSU	0-0-0	0-3-0

This Week

Sunday vs. Franklin and Marshall	2 p.m.
Wednesday vs. Manhattanville	7 p.m.

Last Week's Results

9/10- 11 - MSU 3, Catholic 2
MSU 1, Muhlenberg 0

This Week

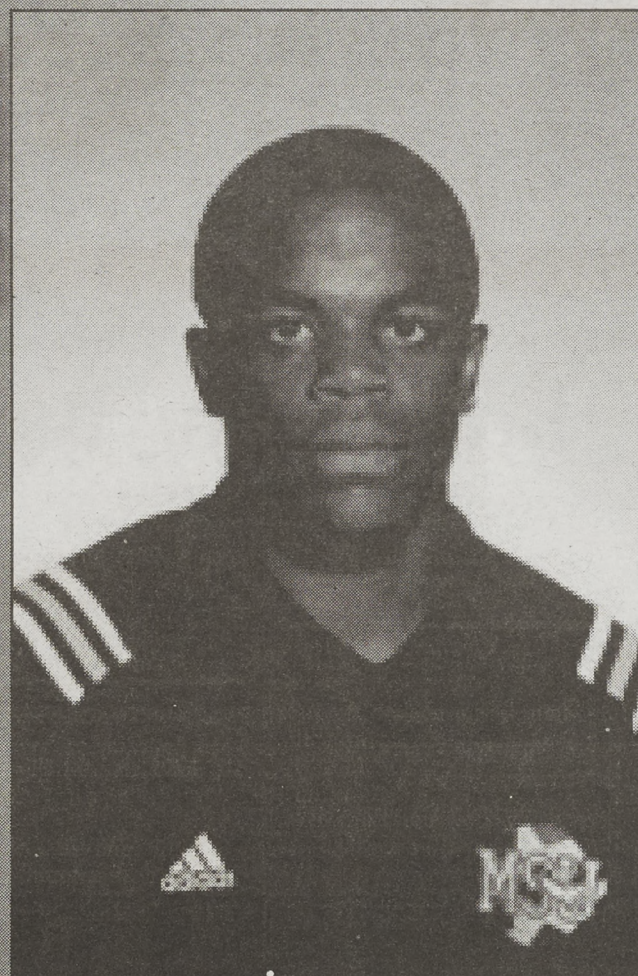
Thursday vs. TCNJ	7:30 p.m.
Saturday vs. Green Mountain	1 p.m.
Wednesday @ William Paterson	7 p.m.

Last Week's Results

No games

Player of the Week

RYAN MORGAN SOCCER



Sophomore
Hometown: Princeton, NJ

Ryan scored his team's only two goals in a victory over Guilford.

Honorable Mentions

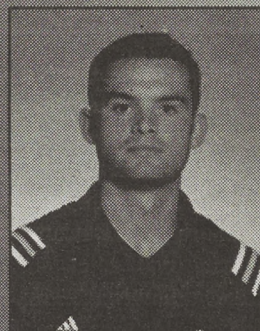
FIELD HOCKEY



JENNIFER TANIS
Freshman
Hometown: Oakridge, NJ

Jennifer was named the NJAC's rookie of the week.

SOCCER



CHRIS OWEN
Junior
Hometown: Pompton, NJ

Chris made eight saves against Guilford to hold the lead for his team.

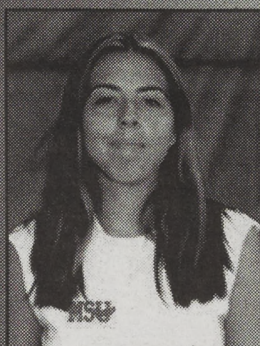
FIELD HOCKEY



ROBIN APICELLI
Junior
Hometown: Oceanport, NJ

Robin made eight saves against Muhlenberg for her first career shutout.

TENNIS



MARY LOU RIOS
Senior
Hometown: North Bergen, NJ

Mary Lou earned a singles and doubles victory in a losing effort vs. Ramapo.



Sports

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Red Hawk Volleyball Team Drops Fifth Straight Rutgers-Newark Defeats MSU in Three Straight Matches at Panzer Gym on Tuesday

Jose Ortiz
Sports Editor

MSU	0
RUTGERS	3

In the second of a three-match set, the Red Hawk volleyball team was down by one, serving for match point. They stood on the brink of evening the series up at one all with just one match left to play. This was when the Scarlet Raiders showed why they, and not the Red Hawks, are the defending Conference Champions.

Down 29-28, the Scarlet Raiders reeled off three consecutive points, including an attack error by Red Hawk sophomore, Asia Livingston, giving Rutgers-Newark the second match and the advantage in a best of three series.

As a team, the Red Hawks committed 30 attack errors, seven serving errors, and no aces. The bigger, taller girls of Rutgers-Newark had fewer total attacks, but ended with more kills, and fewer errors.

The big difference in the game was the net defense of the Scarlet Raiders who had 13 total blocks as opposed to the Red Hawks who had none. The Red Hawks, whose tallest girl is 5'9, gave up a lot of size to Rutgers who had four players of at least 5'9 and one who was over 6'0.

Livingston contends that it wasn't Rutgers size advantage that beat them. "We killed ourselves tonight, not Rutgers." Livingston, who is among the team leaders in points and digs, may have a point. In that second game, MSU relinquished the lead 10 times, including six times in the final eight points of the match.

"We killed ourselves to-night, not Rutgers."

Asia Livingston
Sophomore Volleyball Player

At times the Red Hawks seemed perfectly in-sync, beautifully placing balls just out of the reach of the towering arms of Rutgers senior, Sharon Guise, who led the Raiders in kills with eight. But then there were other moments where the team seemed to have communication breakdowns, and let balls drop in between two players who thought the other would get



Sara Mass | The Montclarion

The Red Hawks looked to be close at times, but they couldn't close the door on the defending NJAC champions. The loss dropped the Red Hawks to 3-6 on the season putting them in fifth place. The Scarlet Raiders however improved to 3-4 and moved up to fourth place in the conference.

it. Livingston says, "We just have to work together, we're still learning to play together." The volleyball team is clearly a young one, with seven sophomores, and freshmen, only two juniors and no seniors.

After the Red Hawks eventually lost the second game, Rutgers-Newark made short work of MSU in the third game to complete the three game sweep at Panzer Gym. In the end, the numbers showed that Rutgers-Newark was more committed to the power game than the Red Hawks. The Scarlet Raiders set up nine more kill opportunities, and also converted all nine of those into points.

If you take away the self-inflicted mistakes like serving and attack errors, as well as bad sets, the

Red Hawks may have been able to come away three up instead of three down. Mistakes are going to happen, and will happen more often with a younger team not used to playing with each other. Livingston, who had 10 digs and three kills, says "It's still early in the season, I think we'll be fine."

The loss dropped MSU to 3-6, while Rutgers improved to 3-4 and moved ahead of the Red Hawks in the standings. When asked to comment on her team's losing effort on Tuesday night, MSU head coach Sandy Sanchez-Lombeyda promptly declined, saying that she would keep her comments to herself. Sometimes silence speaks volumes.



Greg Makka | The Montclarion

The Red Hawk women's tennis team suffered their third straight loss at the hands of Ramapo at MSU's home opener. The Road Runners captured four out of six singles matches to record their second win in two years against the Red Hawks. MSU is currently 2-3 overall with a 2-1 conference record and are currently third place in the NJAC. The next game is on Friday against SUNY New Paltz.